HEALTH BEAUTY PROSPERITY



PRODUCT CATALOG





95% 5%

95% of people WANT to be treated,

5% — take real ACTIONS to support their health

?

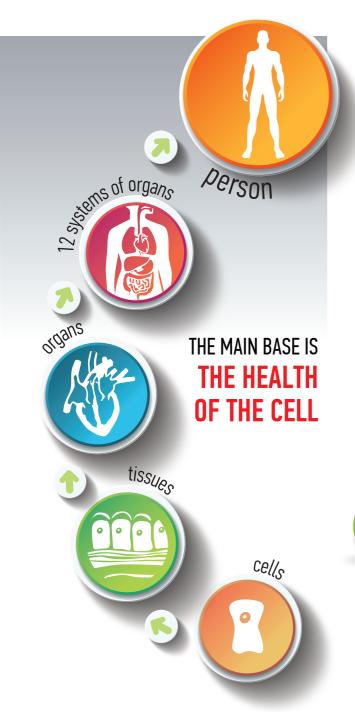
WOULD YOU LIKE TO KNOW TO WHAT CATEGORY YOU BELONG?



What does our health depend on?

Human body consists of twelve systems, that are divided byprinciple of performed functions: cardiovascular, digestive, respiratory, reproductive etc. Systems consist of organs, organs consist of tissues, tissues consist of cells.







WHEN THE FIRST SYMPTOMS OF ILLNESS APPEAR

REGULARLY!



REMOVE THE WASTE — GIVE THE ESSENTIAL!



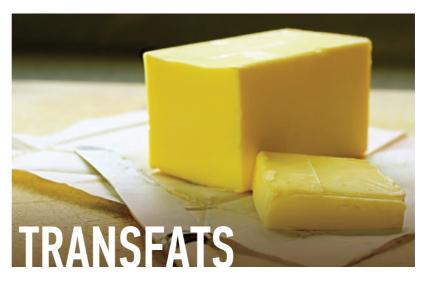
MODERN PEOPLE ARE UNDER NUMEROUS ATTACKS OF NEGATIVE FACTORS:



hazardous environment; stress; physical inactivity; hypoxia; unhealthy diet...

EVERY YEAR WE LOSE...

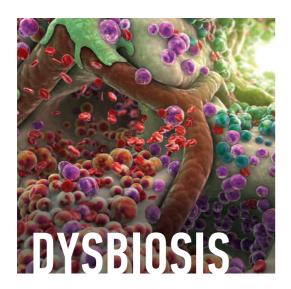
...something, we can keep, IF WE KNOW HOW!



They are produced from plant oils by special processing method — hydrogenation: hydrogen runs through liquid oil that is heated to very high temperatures. As a result they get solid, fat mass that is stable to oxidation.

- ✓ Negative consequences of transfats consuming
- ✓ It is delivered to the child with breast milk.
- The risk of diabetes development increases.
- ✓ The state of joints and conjunctive tissues worsens. Immune system is weakened.
- The level of male hormone testosterone is lowered and sperm quality becomes bad.
- Consuming only 2% more transfats (only 4 g a day!) increases the risk of ischemical heart disease by 23%.

REMOVE THE WASTE!



AMMONIA, AMINES, PHENOL, INDOL, SKA-TOLE. These substances are transferred to blood, and deactivating them affects the liver sighnificantly

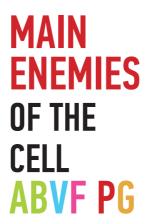
REASONS

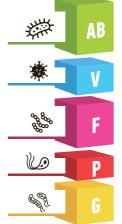
- nfections diseases;
- Antibiotic intake;
- Chemical, hormones and radiation treatment;
- Stress situations;
- Large physical exertions and defatigation;
- · Hazardous environment;
- Overeating;
- · Alcoholism;
- Seasonal factors (autumn and spring);
- Age.



THERE ARE 1420 TYPES OF CAUSATIVE AGENTS FOR HUMAN DISEASES

Russian health workers discovered about 70 types of tapeworms, that infest people, more than 30 of them are massively distributed, but only 11 tapeworms can be officially registered





540 AGGRESSIVE BACTERIA

210 VIRUSES

313 FUNGI

70 PROTOZOAN

287 GERMS

FREQUENCY OF PARASITIC DISEASES as per WHO world statistics

- Every year more than 20 million and there is a tendency to increase.
- As WHO (World Health Organization) has evaluated out of all most prominent infections and parasitic diseases sick people with tapeworms are on 3rd place in the world (1,4 billion), and jungle fever on fourth (600 million)!
- To compare, every year the number of people suffering from influenza and other acute respiratory diseases is the 6th un the world (395 million).



TO REMOVE toxic influence and TO CLEAN UP our cell — this is the base for our health?

CLEANSING FROM WASTE AND TOXINS

DISPOSAL OF GERMS

MICROBIAL POPULATION NORMALIZING

IMMUNE SYSTEM FIXATION

RECOVERING OF METABOLISM

ARTLIFE PRODUCTS will help you to set right the immune system, normalize acid-base balance, to clean up the body and to prevent parasitic disease.

CARRY OUT COMPLEX BODY CLEAN-UP 2 TIMES A YEAR!

Give your cell WATER OF LIFE!

Water is the most important — it is perfect solvent, it brings health or illness.
A man should drink more than 2,5 liters of pure water



SATISFYING CELL'S THIRST

HARMFUL

every day.

Clear water (bottled, boiled, without microelements, with chloride from the water pipeline), untreated (hard water with high concentrations of harmful compounds), and also artificial drinks with colorants and preservatives agents.

«Harmful» drinks lead to the loss of microelements and to osmotic destruction (bursting) of the cells.

USEFUL

Drinks, that contain necessary microelements, vitamins

«Useful» drinks normalize the electrolytic balance нс and provide optimal functions of the cells



YOU CONSUME FOOD EVERY DAY, BUT DOES YOUR CELL RECEIVES WHAT IT NEEDS?

12 VITAMINS

20 AMINOACIDS

15 MINERALS

17 ENZYMES

3 POLYUNSATURATED FATTY ACIDS

Take ARTLIFE BIOCOMPLEXES —

and provide nutrient-enriched food for your cells!

Why in our daily food intake BIOLOGICALLY ACTIVE COMPLEXES ARE NECESSARY?

During last 100 years content has lowered in the apples Fe — by 96%, Ca — by 48%, Mg — by 83%, K content has lowered in cabbage by 58%, in tomatoes — Ca by 61%. Consuming of «useful» bacteria along with the food has lowered 100 times in the last 100 years.

VITAMIN C activates 300 different functions Not many people know, that during 2 hours of the stress situation the whole amount of vitamin C in the body is utilized. And the body needs to supplement it!

WHAT IS NECESSARY TO KEEP HEALTH?



KNOWI FDGF INST

INSTRUMENTS

FOR THE PEOPLE
WHO WANT TO BE HEALTHY,
BUT NOT TREATED,
THERE ARE **POSSIBILITIES**AND RESOURCES OF ARTLIFE!



Art Life

Artlife LLC is a fast growing and innovative hi tech pro duction company in Russia. The company specializes in design, developing and manufacturing of pharmaceu ticals, biologically active complexes, functional food, food premixes, plant extracts, cosmetics, hard and soft gelatin capsules, plastic containers and also pharma ceutical manufacturing equipment.

For more than 20 years the company Artlife from Rus sia, has been producing and distributing products for beauty and health which includes biologically active complexes (Dietary supplements), functional nutrition and innovative cosmetics – all output of high quality, proven by various awards and recognition world over. We believe in improving our production steadily using innovative technologies.

In the Company, special management system has been implemented conforming to international standards.

- Pregnant women lactating mothers are advised to consult a healthcare professional before use.
- Food supplement should not be used a substitute for a varied diet.
- These products are not intended to diagnose, treat, cure or prevent any disease.



In 2017 the production line under the "Artlife" brand has been started up in India (Delhi). Today the company manufactures a full range of products with a full control of the quality of launched products at all production stages.

All of the products have been designed by Russian scientists in a Russian research and development complex, however having due regard to the geo graphical, climatic and social conditions, and as well as the features of Indian diet and morbidity pat terns of the population of India.

BIOLOGICALLY ACTIVE COMPLEXES (Dietary Supple ments) consist of all those substances that are neces sary to maintain normal life processes, aids the body's immunity and intended for the prevention of nutritional defeciencies.

Note: The products discussed here in, contain herbal extracts, vitamins and min erals that help in promoting general health and well being of an individual by pre venting nutritional defciencies. These products are not medicines. Kindly consult your Doctor if you are experiencing a medical problem.





OLEOPRENS

A new series of Artlife's biologically active complexes is made on the basis of studies of the Russian scientists, who discovered the unique properties of Abies spectabi lis. This component that is obtained as a result of a tech nologically complicated multi step extraction of fir, plays an important role in the energy metabolism and cellular protection, restores body's vital resources and speeds up regeneration processes.

A NEW LEVEL OF BODY PROTECTION

- \blacksquare Natural biocomplex based on unique Abies spectabilis leaves micropowder
- Improve regeneration processes
- Provide aimed action (heart, liver, nervous system)
- Effective and safe with continuous intake



Stimulates the regeneration of heart cells.

- Protects from negative impacts of free radicals.
- Provides nutritional support for heart muscles.
- Normalizes cholesterol level.
- Provides prophylaxis of myocardial infarction.



1 2 capsule per day with a meal or as suggested by the healthcare professional.



6*10 softgel capsules

OLEOPREN CORDA

AN ACTIVE SUPPORT FOR HEART MUSCLES

A cardioprotector of new generation on the basis of micro powder of Himalayan fir. This bioactive complex allows to fully protect and restore the cell membrane of cardiomyocytes at different damage levels, activates the processes of protein synthesis, improves the function of immune system, and protects from oxidative stress.

ACTIVE INGREDIENTS:

Abies spectabilis is one of the oldest plants in the world, which has high resistance to weather conditions, diseases and regenerative capability. Throughout many centuries, Himalayan fir has used for the treatment and prophylaxis of different diseases. Himalayan fir needles are a real and rich source of useful substances and vitamins. They contains vitamin C, beta carotene, essential oils, micro and macro elements, tannins, flavonoids, polyunsaturated fatty acids and phyton cides. Himalayan fir has many very essential healing properties: antiseptic, tonic, general health improving, antiscorbutic, soothing, bactericidal, anti inflammatory, analgesic, regenerating and so on. The biologically active substances contained in the Himalayan fir, have a positive effect on the nervous and cardiovascular systems, and are able to improve the functions of gastrointestinal tract.

L Carnitine stimulates the process of hematopoiesis. It is an important carrier of fatty acids in body, which provides a good nutritional support for heart muscles.

Lycopene is a strong antioxidant, reduces the intensity of cholesterol oxidation processes, and prevents its accumulation in arterial cells.

Vitamin E is one of the most strong antioxidants, which protects various endogenous substances of body against oxidation. It inhibits lipid peroxidation, that can be activated in case of many diseases. It takes part in the tissue respiration processes, biosynthesis of heme and proteins, fats and hydrocarbon metabolisms, cell proliferation process and so on.

Nutrients	Qty./Capsule	% RDA
Vitamins:		
DL alpha tocopheryl acetate	4.0 mg	40 %
Other ingredients:		
Sun flower oil	550.15 mg	
Abies spectabilis leaves micropowder	7.5 mg	
L Carnitine	22.5 mg	
Lycopene 10%	6.25 mg	



- Removes toxic substances from the liver.
- Restores the structure of liver cells.
- Reduces inflammatory processes in the liver.
- Enhances resistance of liver to the toxins and other adverse factors.
- Improves the state of liver after infections.



1 2 capsule per day with a meal or as suggested by the healthcare professional.



6*10 softgel capsules

OLEOPREN GEPA

AN ACTIVE SUPPORT FOR LIVER

A hepatoprotector of new generation on the basis of micro powder of Himalayan fir. This product allows to fully protect and restore the cell membrane of hepatocytes at different damage levels, activates the processes of protein synthesis, improves the function of immune system, and protects from oxidative stress.

ACTIVE INGREDIENTS:

Abies spectabilis is one of the oldest plants in the world, which has high resistance to weather conditions, diseases and regenerative capability. Throughout many centuries, Himalayan fir has used for the treatment and prophylaxis of different diseases. Himalayan fir needles are a real and rich source of useful substances and vitamins. They contains vitamin C, beta carotene, essential oils, micro and macro elements, tannins, flavonoids, polyunsaturated fatty acids and phyton cides. Himalayan fir has many very essential healing properties: antiseptic, tonic, general health improving, antiscorbutic, soothing, bactericidal, anti inflammatory, analgesic, regenerating and so on. The biologically active substances contained in the Himalayan fir, have a positive effect on the nervous and cardiovascular systems, and are able to improve the functions of gastrointestinal tract.

Silybum marianum extract powder has an antioxidant effect, transforms free radicals into the less dangerous compounds in liver cells and stabilizes cell membranes of hepatocytes.

Vitamin E is one of the most strong antioxidants, which protects various endogenous substances of body against oxidation. It inhibits lipid peroxidation, that can be activated in case of many diseases. It takes part in the tissue respiration processes, biosynthesis of heme and proteins, fats and hydrocarbon metabolisms, cell proliferation process and so on.

Nutrients	Qty./Capsule	% RDA
Vitamins:		
DL alpha tocopheryl acetate	4.0 mg	40 %
Other ingredients:		
Sun flower oil	381.9 mg	
Soy lecithin	167.0 mg	
Abies spectabilis leaves micropowder	7.5 mg	
Silybum marianum extract powder	30.0 mg	



- Stimulates brain activities.
- Helps improve memory and attention.
- Provides resistance to the stresses.
- Increases endurance during the physical and mental loads.



1 2 capsule per day with a meal or as suggested by the healthcare professional.



6*10 softgel capsules

OLEOPREN NERO

AN ACTIVE SUPPORT FOR BRAIN

A neuroprotector of new generation on the basis of micro powder of Himalayan fir.

This bioactive complex allows to fully protect and restore the cell membrane of brain neurons and peripheral nervous system at different damage levels, activates the processes of protein synthesis, and protects from oxidative stress.

ACTIVE INGREDIENTS:

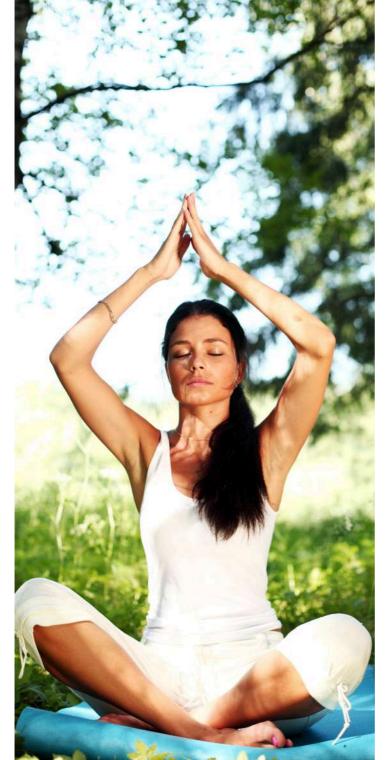
Abies spectabilis is one of the oldest plants in the world, which has high resistance to weather conditions, diseases and regenerative capability. Throughout many centuries, Himalayan fir has used for the treatment and prophylaxis of different diseases. Himalayan fir needles are a real and rich source of useful substances and vitamins. They contains vitamin C, beta carotene, essential oils, micro and macro elements, tannins, flavonoids, polyunsaturated fatty acids and phytonoides. Himalayan fir has many very essential healing properties: antiseptic, tonic, general health improving, antiscorbutic, soothing, bactericidal, anti inflammatory, analgesic, regenerating and so on. The biologically active substances contained in the Himalayan fir, have a positive effect on the nervous and cardiovascular systems, and are able to improve the functions of gastrointestinal tract.

L Serine is an important component of brain proteins and myelin sheaths, that protect nervous cells from the biochemical and mechanical damages. Serine deficiency leads to the disruption of intracellular metabolism, it influences on all of the vital functions of human body, including sleep and mood.

L Glycine is an amino acid, which is in charge of brain functioning. It reduces excessive excitation and at the same time improves nerve conduction. It improves metabolic processes in brain tissues and performs sedative and antidepressant effects.

Vitamin E is one of the most strong antioxidants, which protects various endogenous substances of body against oxidation. It inhibits lipid peroxidation, that can be activated in case of many diseases. It takes part in the tissue respiration processes, biosynthesis of heme and proteins, fats and hydrocarbon metabolisms, cell proliferation process and so on.

Nutrients	Qty./Capsule	% RDA
Vitamins:		
DL alpha tocopheryl acetate	4.0 mg	40 %
Other ingredients:		
Sun flower oil	475.9 mg	
L Serine	50.0 mg	
L Glycine	50.0 mg	
Abies spectabilis leaves micropowder	7.5 mg	



SYSTEMIC EFFECT COMPLEXES

The human body has high adaptive capabilities, provid ed functional adequacy of all main regulating systems. It is possible only in the presence of all macro and mi cronutrients, that are essential for the maintenance and restoration of cell membranes and enzymes. The main tenance of body resources in non specific process es under the conditions of physical and psychological loads, inflammation, and disruption of the nutritional sup port of organs and tissues, is especially essential.

Artifie's systemic effect complexes provide support for functional activities of all organs, timely restoration of tissues, cell membranes and intracellular enzymes. They contain the substances, which help maintain normal functioning of regulating systems and, consequently, the entire body.

Ant Life MULTIMEGIN NUTRACEUTICAL Not Quantity 8-10 softgel capsules 1279 1979

ACTION

 Supports children bodies during the period of intensive growth and study load

RECOMMENDED USAGE:

for children from 3 years old and adults, 1 2 capsules 1 2 times per day during 1 month.



6*10 softgel capsules

MULTIMEGIN

DAILY SUPPORT

It supplies polyunsaturated fatty acids, needed substances for prevention of visual impairment, that is widespread among schoolchildren, as well as vitamins to the children body. The advantages of this bioactive complex: the combination of PUFA Omega 3 of plant origin and the animal origin one, obtained from fish oil and also flaxseed oil comprehensively optimizes the work of different child body's systems:

- Improve the memory, concentration and resistance to the psycho emotional loads;
- increase body's protective power;
- increase the elasticity of the ligaments and tendons, maintaining the development of musculoskeletal system;
- · reduce the manifestation of allergic reactions.
- Maintain eye health by preventing the visual acuity decrement in case of increased visual loads.

Zeaxanthin and lutein, included in the calendula extract, protect eyes against ultraviolet radiations, reduce inflammation in eyeballs and prevent the visual acuity decrement. Beta carotene is responsible for eye "color amounts", its sharpness in the dark or in twilight, and the eye adaptation speed in case of light changes. Vitamin E protects cells against the effects of free radicals.

B group vitamins strengthen the nervous system and improve the quality of sleep. Vitamin D3 helps to strengthen bones and teeth, improves psycho emotional stability. Vitamin C increases the resistance against infections and body's adaptive capabilities, stimulates growth, metabolism, the activity of the endocrine glands, hemopoiesis, formation of bone and dental tissue.

,			0	,		,	
Nutrients	Qty./Capsul	le			% RD	Α	
-		4 6	7 9	10 12		16 17	Adult
		years	years	years	years	years	
Vitamins:							
Vitamin C	15,00 mg	37,5	37,5	37,5	37,5	37,5	37,5
Vitamin B3	4,00 mg	36,5	31,0	26,5	25,0	23,5	22,0
Vitamin E	1,50 mg	_	_	-	_	-	15,0
Vitamin B5	0,90 mg	-	_	-	-	-	-
Vitamin B6	0,45 mg	50,0	28,0	28,0	22,5	22,5	22,5
Vitamin B2	0,30 mg	37,5	30,0	23,0	19,0	16,5	19,0
Vitamin B1	0,25 mg	35,5	31,5	22,5	18,0	16,5	18,0
Vitamin B9	0,04 mg	40,0	33,5	28,5	26,5	20,0	20,0
Vitamin B12	0,00025 mg	25,0	25,0	25,0	25,0	25,0	25,0
Other ingredie	ents:						
Fish Oil:	210,00 mg	-	-	-	-	-	-
Eicosa pentaen	oic						
acid	37,80 mg	-	-	-	-	-	4
Docosa hexaer	ioic						
acid	24.00 mg	-	-	-	-	-	-
Flaxseed Oil:	121,29 mg	-	-	-	-	-	-
Alpha							
linolenic acid	44,00 mg	-	-	-	-	-	
Lutein	10,42 mg	-	_	-	-	-	-
Beta Carotene	1,25 mg	39,0	26,0	26,0	26,0	26,0	26,0
D Biotin	0,005 mg	-	_	_	-	_	-

NOT FOR MEDICINAL USE.



- Strengthens vessels.
- Provides nutrition in atherosclerosis.
- Increases body energy reserve.

RECOMMENDED USAGE:

1 capsule 1 time a day with meal or as suggested by the healthcare professional.



6*10 softgel capsules

NOVOMEGIN

DAILY SUPPORT

Adverse environmental conditions, lack of appropriate attention to the own health state and lifestyle, associated with the constant stresses, all of those lead to the rapid depletion of body reserves and also to the development of many chronic diseases, accompanied by imbalance in metabolic processes, decreasing of protective reactions and increasing the likelihood of acute pathological conditions high risk of chronic process.

NOVOMEGIN is a source of polyunsaturated fatty acids, deficiency of which can adversely affect health status. Polyunsaturated fatty acids help to maintain a healthy cholesterol level, blood circulation and natural anti inflammatory mechanisms of the body. NovOmegin bioactive complex's formulation is strengthened with quercetin and lipoic acid.

Quercetin enhances the anti inflammatory effect of polyunsaturated fatty acids, reduces the vascular walls permeability and fragility, leading to increase in elastic and rheological properties; improves blood circulation, activates nutrition supply to the organs and tissues. Having antioxidant effect and action, it helps bind free radicals, inhibits lipid peroxidation processes and hampers the development of allergic reactions.

Lipoic acid has an antioxidant action, due to the groups, which contain sulfur. These groups are able to bind heavy metals and activate cell respiration. It is the basis of cell life cycle and body in general.

Nutrients	Qty./Capsule	% RDA
Eicosapentaenoic acid, mg	108	6.8
Docosahexaenoic acid, mg	72	
alpha linolenic acid, mg	230	
Quercetin, mg	30	30
Alpha Lipoic Acid, mg	9	
DL alpha tocopheryl acetate, mg	3	30
alpha linolenic acid, mg Quercetin, mg Alpha Lipoic Acid, mg	230 30 9	

Ant Life DISCOVERY UNI Calcium carbonale, Magnesium oxide, Redo-carolene NUTRACEUTICAL Researcher and formitation in ARTHER RUSSAN Net Quantity 4*10 Capsules ACTION

- This complex has a general health improving effect.
- Protects body from stresses and bad ecological conditions.



1 capsule 2 times a day with meal or as suggested by the healthcare professional.



6*10 capsules

DISCOVERY UNI

DAILY SUPPORT

DISCOVERY UNI bioactive complex helps reduce the side effects of malnutrition, adverse environmental conditions, reduce chronic fatigue, and maintain functions of immune system. Vitamins are the essential part of human nutrition. Human body cannot synthesize vitamins independently and should receive them with food. Vitamins are taking part in a large amount of our body reactions, our organism cannot function without them. Macro and microelements should be present in our diet. Even minor deviations in the mineral content from the norm could cause heart disease.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	1,155	0,042%	0,052%
Protein, g	0,087	0,15%	0,16%
Carbohydrates, g	0,2007	***	***
Sugar, g	0		
Total Fat, g	0,0004	0,0016	0,0020
Vitamins/Minerals	3		
Vitamin C, mg	18,00	45,00	45,00
Vitamin E, mg	4,50	45,00	45,00
Vitamin B3, mg	6,30	35,00	45,00
Vitamin B5, mg	2,50	50,00	50,00
Vitamin D, mg	0,0025	25,00	25,00
Vitamin B6, mg	0,9	45,00	45,00
Vitamin B2, mg	0,585	36,56	45,00
Vitamin B1, mg	0,495	35,36	45,00
Vitamin B9, mg	0,09	45,00	45,00
Vitamin B12, mg	0,00045	45,00	45,00
Calcium, mg	45,00	7,50	7,50
Magnesium, mg	25,5	7,50	8,23
Zinc, mg	4,5	37,50	45,00
Manganese, mg	1	25,00	25,00
Copper, mg	0,50	29,41	29,41
lodine, mg	0,0675	45,00	45,00
Molybdenum, mg	0,0225	50,00	50,00
Chromium, mg	0,0148	29,60	29,60
Selenium, mg	0,018	45,00	45,00
Vitamin A, mg	2,16	45,00	45,00
Biotin, mg	0,0125	41,67	41,67

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing Moderate work,

^{***} RDA Value not established, Serving 2 capsules in a day



- Prevents iodine deficiency.
- Improves functions of gastrointestinal tract.
- Helps strengthen immunity system; increases body's resistance to acute and chronic diseases, high physical loads and stresses.
- Improves skin condition.



1 capsule 3 times a day with meal or as suggested by the healthcare professional.



90 Capsules

GREEN STAR

DAILY SUPPORT

«Green star» is a unique general health improving complex, which supports body functions by replenishing and saving the balance amino acids, vitamins, macro and microelements, which are essential for the maintenance of full fledged vital activity and body resistance to the impact of adverse environmental factors.

The complex is based on a balanced combination of seaweeds spirulina and chlorella.

Spirulina is a source of protein, contains all main amino acids, which are essential for human body. The main feature of its mineral composition is that the microelements in Spirulina are found in the most easily digestible for body chelated forms. **Chlorella** as a seaweed, is a very rich source of chlorophyll, which has structural similarity to human hemoglobin. **Chlorophyll** is a valuable nutritious support for body, and also it is an effective disinfectant of natural origin. It strengthens cell membranes, contributes to the formation of connective tissues and speeds up the healing process.

Pectin improves the state of gastrointestinal tract and intestinal peristalsis.

Echinacea supports immune system.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,46	0,020%	0,024%
Protein, g	0,115	0,19%	0,21%
Carbohydrates, g	0		
Sugar, g	0		
Total Fat, g	0		
Minerals			
lodine, mg	0,05	33,33	33,33

 $^{^*}$ % RDA, * % RDA as per ICMR guidelines for Men, Women doing sedentary work, Serving 3 capsules in a day



- Reduces toxic loads in the body.
- Improves functional state of gastrointestinal tract, liver and pancreas.
- help to correct metabolic processes in body.
- Is recommended for the people, who live under adverse environmental conditions.



3 4 Capsule 4 times a day with meal or as suggested by the Healthcare Professional.



6*10 capsules

TOXFIGHTER ACTIVE

DAILY SUPPORT

TOXFIGHTER ACTIVE is a universal enterosorbent, which is made on the basis of plant components, that helps to neutralize the effect of toxins and by products of metabo lism. Body cleansing program should be performed 1 2 times in a year.

ACTIVE INGREDIENTS:

Wheat bran powder is an indispensable source of high quality fiber for the human body, and also a rich source of indispensable fatty acids and microelements. Beetroot powder improves metabolism and help normalize the digestive system. Rice flakes powder improves the functions of digestive system, removes toxins and other breakdown products from body, and normalizes the metabolic processes. Cellulose regulates sugar level in blood, so this cereal is useful for diabetics. Oat flakes powder contains rough food fibers, which can gently release intestines from stagnant phenomena and fecal stones, they can absorb and remove toxins. St John's wort powder has high performance antibacterial and astringent effect, and also can regenerate the tissues. Zea mays anthers powder improves metabolic processes, speeds up splitting of fats and hydrocarbons, increases the body protective functions. Flax seed powder contains food fibers, which can release gastrointestinal tract organs from stagnant phenomena. Glycyr rhhiza root powder normalizes the functional state of the gastrointestinal tract.

Spirulina algae is a good source of nutritious substances, and performs a positive effect on the digestive process. Juglans regia fruit extract is used in order to treat dysbiosis and diarrhea, also it is used as an astringent and strengthening remedy. Inulin as a prebiotic, helps improve the intestinal microflora, increases digestion of mineral substances and aldo enhances the immunity. Chlorella algae is a rich source of chlorophyll and an effective disinfectant of natural origin. It speeds up healing process of erosions, ulcers and open wounds, improves the state of gastro intestinal tract and intestinal motility. Apple and citrus pectin has astringent, enveloping, pro tective effects on the mucosa of the gastrointestinal tract. Cucurbita seed powder normalizes functions of liver and stomach, and has an antiparasitic effect. Silybum marianum extract performs a good positive effect on the liver, removes toxins from the cells and protects against hepatitis and cirrhosis. Cassia angustifolia leaf blocks digestion of harmful carbohydrates in the intestine and has a mild laxative effect. Papain and Bromelain are plant enzymes, which provide a better digestion.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**	
Energy, kcal	0,164	0,007%	0,009%	
Protein, g	0	0,00%	0,00%	
Carbohydrates, g	0,041	***	***	
Sugar, g	0			
Total Fat, g	0			

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} BDA Value not established



- Helps to maintain energy and health to muscles, brain, immune system and metabolism.
- It is useful in case of chronic fatigue, stress, high physical loads, beriberi and unbalanced diets.

RECOMMENDED USAGE:

1 Capsule 2 times a day with meal or as suggested by the Healthcare Professional.



6*10 capsules

ENZYME COMPLEX PLUS

DAILY SUPPORT

Enzymes are the substances of protein origin, which regulate the speed of biochemical reactions in body, provide carrying out metabolic processes. This preparation performs an integrated positive effect on the digestion process, promotes a more complete food breaking down and its digestion, and also support for other enzymes' functions in body.

Enzymes pancreatin, trypsin, papain speed up chemical reactions, improves splitting of fats, carbohydrates and proteins for the purpose of maximum digestion, optimizes anti inflammatory response of body, has immune modulative effect, controls respiration and circulation processes.

Zinc participates in protein synthesis, formation of insulin, it is involved in muscular deformation process and has an effect on the work of reproductive system, activates enzyme actions and protects against hypoxia.

Echinacea has a strong stimulative effect on the immune system, increases protective power of body, contributes to production of antibodies and growth of healthy cells, cleanses the lymph, blood, kidneys and liver, fights against pathogenic bacteria and viruses.

Licorice enhances the immune modulative, antibacterial and anti inflammatory effects of the enzymes.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,8324	0,036%	0,044%
Protein, g	0,087	0,15%	0,16%
Carbohydrates, g	0,1202	***	***
Sugar, g	0		
Total Fat, g	0,0004	0,0016	0,0020
Minerals			
Zinc, mg	4,8	40,00	48,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 2 capsules in a day



CARDIOVASCULAR SYSTEM

Cardiovascular system diseases occupy an important position in the structure of sickness and mortality rate of population. Here, the adverse lifestyle and risk factors like smoking, stresses, unhealthy dietary behaviors and hy podynamia (physical inactivity) play a negative role. At the same time, people can reduce the negative impact of the most risk factors for the development and unfavorable outcome of cardiovascular pathology. Artlife's bioactive complexes are directed towards improving and support ing the functional abilities and activities of cardiovascular system. They contain ingredients, which strengthen blood vessels walls, improve blood properties and reduce the risk of thrombogenesis.



 Supports the functions of cardiovascular system.



1 Capsule 3 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

ATEROLEX

HELPS TO PREVENT ATHEROSCLEROSIS

Cardiovascular diseases related to the atherosclerotic processes are one of the leading causes of global morbidity, disability and mortality. In case of atherosclerosis, arterial walls thicken and lose their elasticity, atherosclerotic plaques grow up. As a result, blood flow is hampered, which causes a lack of oxygen to the tissues and organs.

The components of ATEROLEX bioactive complex help you maintain the normal state of the arterial bed. ATEROLEX also help fight chronic fatigue and increases your energy and power.

A group of microelements (calcium, chromium) participates in metabolism, stabilizes indicators of blood pressure and reduces edema.

Magnesium has a sedative action, decreases nervous system excitation, thereby, reduces the harmful effects of any stress, and accordingly minimizes one of the leading risk factors of the development of cardiovascular and metabolic diseases.

Vitamin C strengthens the blood vessel walls. **B vitamins** are essential for reactions of homocysteine metabolism.

Alpha lipoic acid as a powerful antioxidant, deactivates damaging free radicals in cells, improves the level of nutrients delivery and optimizes insulin activity.

Taurine is essential for the synthesis of bile acids, which remove excess cholesterol from the body.

Gingko biloba extract has an antioxidant effect, strengthens the blood vessel walls and improves microcirculation.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	1,064	0,046%	0,056%
Protein, g	0,1	0,17%	0,18%
Carbohydrates, g	0,166	***	***
Sugar, g	0		
Total Fat, g	0		
Vitamins/Minerals	;		
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	2,50	25,00	25,00
Vitamin B3, mg	4,00	25,00	33,33
Vitamin B5, mg	1,30	26,00	26,00
Vitamin B6, mg	0,5	25,00	25,00
Vitamin B1, mg	0,3	25,00	30,00
Potassium, mg	52,5	1,40	1,63
Magnesium, mg	68	20,00	21,94
Chromium, mg	0,01	20,00	20,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 3 capsules in a day



AD-BALANCE

CARDIAC SUPPORT

The bioactive complex AD BALANCE contains plant components with antioxidant action and a complex of vitamins and microelements. These substances help relieve stress and eliminate tense anxiety, strengthens blood vessels walls, and thereby normalizes blood pres sure indicators.

Gingko biloba is a plant, that it used in Chinese medicine for many centuries. It has a powerful antioxidant effect, strengthens the blood vessel walls and improves microcirculation.

The microelements potassium and magnesium take part in vital processes of cardiovas cular system; maintain the elasticity of blood vessel walls, prevent thrombosis and regulate metabolic processes.

Quercetin and rutin are natural bioflavonoids. They effectively fight free radicals, maintain the structural integrity of blood vessels: veins and capillaries

Cimicifuga decreases the nervous irritability and reduces migraine pain.

Hops and mint have a mild sedative effect. They are recommended as a sedative remedy in case of cardiovascular diseases.

Garlic widens blood vessels, normalizes pressure indicators, fight against bad cholesterol.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0		
Protein,g	0		
Carbohydrates,g	0		
Sugar,g	0		
Total Fat,g	0		
Vitamins/Minerals			
Vitamin B3, mg	5	31,25	41,67
Vitamin E, mg	2	20	20,00
Vitamin B6, mg	0,9	45	45,00
Magnesium, mg	50	14,71	16,13
Potassium, mg	33	0,88	1,02

ACTION

- Help maintain blood pressure within normal limits.
- Has a positive effect on cardiovascular system.

RECOMMENDED USAGE:

1 Capsule 2 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work, Serving 2 capsules in a day



- Helps to maintain energy and health to muscles, brain, immune system and metabolism.
- It is useful in case of chronic fatigue, stress, high physical loads, beriberi and unbalanced diets.



1 Capsule 2 times a day with meal or as suggested by the Healthcare Professional.



6*10 capsules

FERRODOK

IMPORTANT MICROELEMENTS

The organism is not able to independently produce iron, and human body can obtain that just with food products. The iron deficiency in blood can lead to the development of iron deficiency anemia. The symptoms of anemia: dry skin, fragile nails, hair split ends, stunted growth, fatigability, weakness and paleness.

FERRODOK bioactive complex helps to fill the deficiency of important microelements.

The need for iron rises in the period of growth and human development, in case of chronic fatigue and increased physical loads.

Iron is a very essential microelement that plays key role in the production of red blood cells and special enzymes.

Copper, iron, zinc alongside with the complex of amino acids and vitamins are essential for supplying oxygen to blood and muscle tissues.

Rutin and vitamin C improve the iron digestion and absorption, strengthen vessel walls, help to maintain healthy vessels and proper blood circulation.

Cysteine is an amino acid, which plays a very important role in the metabolism. It is a very important component of hair, nails and keratin of the skin.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	1,216	0,052%	0,064%
Protein, g	0,087	0,15%	0,16%
Carbohydrates, g	0,216	***	***
Sugar, g	0		
Total Fat, g	0,0004	0,0016	0,0020
Vitamins/Minerals			
Vitamin C, mg	18,00	45,00	45,00
Vitamin B6, mg	0,5	25,00	25,00
Vitamin B2, mg	0,5	35,71	45,45
Vitamin B1, mg	0,3	25,00	30,00
Vitamin B9, mg	0,09	45,00	45,00
Vitamin B12, mg	0,00045	45,00	45,00
Zinc, mg	3,12	26,00	31,20
Iron, mg	2,46	14,47	11,71
Copper, mg	0,35	20,59	20,59

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 2 capsules in a day



VEIN TONING

VENATOL

VENATOL is a complex for prophylaxis of varicose veins. The venous insufficiency is manifested by impaired outflow of venous blood from lower extremities. The people who lead a sedentary lifestyle, and also those who spend most of the work day sitting on the chair (office workers) or standing (surgeons, salesmen, hairdressers and so on) run an increased risk of de velopment of mentioned pathology.

The active components of "Venatol" have a directed anti inflammatory action, strengthen the walls of veins and improve rheological properties of blood, reducing the risk of thrombogenesis.

Horse chestnut improves the integrity of the vascular wall, has a positive effect on the permea bility of capillaries, and has a vein tonic effect.

Bromelain is a plant enzyme, which is extracted from pineapple. It reduces the level of inflam matory reaction, prevents blood vessels from becoming narrower.

Hesperidin, rutin and quercetin are powerful antioxidants, help strengthen blood vessels and increase the integrity of collagen.

Gingko biloba is a plant, that it used in Chinese medicine for many centuries. It has a powerful antioxidant effect, strengthens the blood vessel walls and improves microcirculation.

Vitamin E helps fight cell damaging free radicals, which cause oxidative stress in body.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,976	0,042%	0,051%
Protein, g	0		
Carbohydrates, g	0,244	***	***
Sugar, g	0		
Total Fat, g	0		
Vitamins			
Vitamin C, mg	30,00	75,00	75,00
Vitamin E, mg	10,00	100,00	100,00
Vitamin E, mg	10,00	100,00	100,00

ACTION

Has vein toning and antioxidant effect.
 Is recommended for people with a predisposition to varicose veins (who work at a sedentary or standing job, people with excess weight, sedentary lifestyle, smoking, in case of hormone intake and etc.)



1 Capsule a day with meal or as suggested by the Healthcare Professional.



90 Capsules

 $^{^{\}star}$ % RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 1 capsules in a day



URINARY SYSTEM

The health of urinary system is determined by many factors, among them, the quality of nutrition, blood composition and presence of hotbeds of chronic infections in body are very essential. Therefore, a person is able to maintain his health for a long time, containing the influence of adverse changes, caused by any of mentioned three risk factors of urinary system pathology. The plant origin components, which are used in composition of Artlife's supplements for urinary system correction and treatment, help provide urinary system rehabilitation, at the same time they are a rich source of valuable nutrients, useful for the functional activities of urinary system organs.

PHYTOREN

URINARY TRACT PROTECTION

In the context of modern lifestyle, in order to maintain healthy kidneys and body in general, It is strongly recommended to pay attention to the prophylaxis of kidney stone disease.

PHYTOREN is a combination of cleansing and diuretic herbs, specially designed to prevent stagnant phenomena in the kidneys and help them to eliminate toxins. An extra mild diuretic effect makes this product a valuable remedy for people, who suffer from obesity.

Vaccinium oxycoccos – **fruit (Cranberry)** – this is the number one plant for healthy genitourinary system. Cranberry contains the components of proanthocyanidins, which prevent the multiplication of bacteria in genitourinary system cells. Cranberry also has an anti inflammatory effect.

Potassium and magnesium help restore acid base balance in the urinary tract. Potassium deficiency can cause genitourinary system disorders (cystic atony, polyuria).

Glycyrrhiza glabra root contains flavonoids, isoflavonoids and coumarins. It improves metabolic processes and has an anti inflammatory and regenerating effect.

Juniperus communis has an antimicrobial and antifungal properties, and diuretic effect, contributes to the removal of pathogenic bacteria and dangerous toxins from body.

Rubia cordifolia root, Inula racemosa root, Zea mays L. anthers have antibacterial and antioxidant effects and enhance the action of main plant components.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,416	0,018%	0,022%
Protein, g	0		
Carbohydrates, g	0,104	***	***
Sugar, g	0		
Total Fat, g	0		
Minerals			
Potassium, mg	13	0,35	0,40
Magnesium, mg	6	1,76	1,94



Supports kidney cleansing and

detoxification.

 Helps to restore pH balance in the urinary tract.



1 Capsule a day with meal or as suggested by the Healthcare Professional.



90 Capsules

 $^{^{\}star}$ % RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 1 capsules in a day



GASTROINTESTINAL TRACT

The human digestive system is one of the most important organs of body. It supplies body with all essential nutritious substances, and accordingly provides full functioning of all organs in our body. Disorders in gastrointestinal tract cause many problems for people, affect person's work ability, limit physical abilities. Artlife company presents complexes, which support supply of proper nutrition, re lated to the gastrointestinal tract. Fight dysbacteriosis and parasites, improve digestibility of food products, increase intoxication, maintain healthy liver and so on.

PANBIOLACT

A PROBIOTIC COMPLEX FOR THE NORMALIZATION OF DIGESTION

In the human intestines, there are a lot of bacterias, that help keep the digestive system healthy. When their balance is disturbed, the process of food digestion also will be disturbed. This bal ance disturbance may manifest as indigestion, loss of appetite, anemia, frequent diseases and skin problems. Sometimes the imbalance of microflora manifests itself as "leaky bowel syndrome". In case of mentioned syndrome, vitamins and microelements are not absorbed and it may cause allergic reactions.

What may cause dysbiosis: taking antibiotics, intestinal infections, digestive tract diseases, poor nutrition, vitamin deficiency and food allergies.

ACTIVE INGREDIENTS:

The useful bifidobacteria and lactobacilli, contained in Panbiolact complex normalize the intestinal microflora, help to increase the intestinal permeability barrier, and help to restore the normal digestion. Probiotic bacterias, contained in Panbiolact complex, are grown in a lactose free medium and are hypoallergenic.

The prebiotics, contained in capsules, contribute to a good survival rate of bacterias. B group vitamins stimulate the regeneration of tissues, Shiitake mushroom extract con tains lentinan polysaccharides, which have immunomodulatory and antitumor properties.

All active ingredients are placed in microcapsules. This fact allows them to be released in right organ of body and in the right sequence.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,786	0,034%	0,041%
Protein, g	0,0065	0,011%	0,012%
Carbohydrates, g	0,19	***	***
Sugar, g	0		
Total Fat, g	0		
Vitamins/Amino Ad	ids		
Vitamin B3, mg	0,90	5,63	7,50
Vitamin B2, mg	0,08	5,71	7,27
L Cysteine, mg	6,5	0,60	0,66



- Help in nutritional support for dysbiosis in adults and children 14+ years old.
- The "leaky bowel" syndrome increased permeability of the intestinal epithelial barrier
- Immunocorrection



take 1 Capsule 2 times a day with meal or as suggested by the Healthcare Professional. Course duration – 1 month



6*10 capsules

 $^{^{\}star}$ % RDA, ** % RDA as per ICMR guidelines for Men,Women doing sedentary work,

^{***} RDA Value not established, Serving 2 capsules in a day



- Cleanses gastrointestinal tract.
- Support to fight with parasites.
- Reduces toxic loads from body.

ARTEMISIN-M

PREVENTION OF PARASITES

ARTEMISIN M is a plant preparation, that has a high antiparasitic and disinfection ef fect and can improve the state of gastrointestinal tract. The action of this complex is directed to the destruction and removal of parasites and their eggs, and at the same time, to the restoration of lost functions of systems and organs, and subsequent prophylaxis of reinfections.

This preparation contains an optimal composition of medical herbs, it proved itself well to fight against parasites. The composition of this product is designed in such a way as to not only destroy helminths, but also help the organism fight the effects of helminthic invasions, neutralize and remove toxins from the body, contribute to more fast body recovery and increase its protective powers.

ARTEMISIN M contains a combination of plant substances, which provide sanitation and cleansing of gastrointestinal tract from helminthic invasions. **Wormwood** contains a high amount of bitterness due to which it has an anthelmintic effect, it helps cleanse the body from toxins and parasites. **Garlic, cloves and St. John's Wort** have strong antiparasitic, choleretic and spasmolytic effect. **Cassia** helps to remove toxins.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,104	0,004%	0,005%
Protein, g	0		
Carbohydrates, g	0,026	***	***
Sugar, g	0		
Total Fat, g	0		



2 Capsule 3 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

 $^{^{\}star}$ % RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

HEPAR FORMULA

DAILY SUPPORT FOR A HEALTHY LIVER

HEPAR FORMULA is intended for the protection of liver and its cells from different damaging factors: unhealthy nutrition, alcohol consumption, unfavorable ecological conditions, contact with toxic substances and long term use of aggressive preparations.

Hepar Formula contains a balanced complex of biologically active substances, which perform an integrated support for liver and improve its functional state. This prepara tion works on cellular level: improves regeneration of hepatocytes, normalizes the regenerative processes in liver cells, strengthens liver cell membranes and improves liver cells functions.

This bioactive complex has an anti inflammatory, hepatoprotective and antioxidant effects, contributes to the improvement of bile formation and secretion. This preparation has a mild antispasmodic and immunomodulatory effect, and improves metabolism. Hepar formula is made just on the basis of natural ingredients, which comprehensively have a synergistic effect on the body.

Blessed thistle, lecithin and milk thistle are traditionally used for regeneration and protection of liver cells. **Turmeric** has an antiseptic effect. **L methionine** activates natural process of detoxification. **Inulin** improves digestive processes, helps to grow useful micro flora in the intestines.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,86	0,037%	0,045%
Protein, g	0,025	0,04%	0,05%
Carbohydrates, g	0,19	***	***
Sugar, g	0		
Total Fat, g	0		
Vitamins/Amino A	cids		
Vitamin B6, mg	0,6	30,00	30,00
Methionine, mg	25	2,31	2,53



- Daily support for a healthy liver.
- Activation of detoxification and regeneration processes.

RECOMMENDED USAGE:

1 Capsule 3 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

 $^{^{\}star}$ % RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 3 capsules in a day

GCALM-MAXI Noticana chomomilla astract. Olycynthia glabst spot extract, Mognesium corizodie NUTRACEUTICAL Baseniced and Ferminant and ARTLUR RUSSIA Net Quantity 90 Capables ACTION ACT

- Support for digestive system.
- Helps reduce gastric irritation.



1 Capsule 3 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

GCALM-MAXI

DIGESTIVE SYSTEM SUPPORT

GCALM MAXI is recommended to support gastrointestinal tract, as a remedy, which normalizes the motor and neurosecretory functions of gastrointestinal tract, and performs an anti inflammatory, analgesic and spasmolytic effect on digestive organs.

Gcalm Maxi contains biologically active substances, which have an enveloping effect and contribute to the regeneration of intestinal mucosal tissues. Some of the product's components have disinfecting and antimicrobial effect, suppress putrefactive processes in gas trointestinal tract, restore a healthy microflora, and improve digestion and assimilation of nutrients from food.

GCALM MAXI has an immune stimulating effect, improves phagocytosis, increases the re sistance of body against infections. This preparation is used both in cases of comprehensive therapy and prophylaxis of gastrointestinal tract. It contains 100% natural ingredients, so it doesn't cause adverse side effects, acts gently, but effectively. GCALM MAXI's regular tak ing provides antioxidant and antitumor protection of the body.

GCALM MAXI complex helps to maintain digestive track health. **Plant components (flax, chamomile, valerian, licorice)** have a mild antacid, anti inflammatory and enveloping ef fect, increase protective properties of mucous membrane of the gastrointestinal tract, stim ulate regeneration processes, help to restore in case of functional disorders of the gastroin testinal tract. **Magnesium carbonate / magnesium oxide** have a mild neutralizing effect in reference to hydrochloric acid of gastric juice. **Papain** is a powerful catalyst for the most important metabolic processes.

Qty./Serving	% RDA Men *	% RDA Women**
0,308	0,013%	0,016%
0	0,00%	0,00%
0,077	***	***
0		
0		
1,25	26,04	26,04
26,67	7,84	8,60
	0,308 0 0,077 0 0	0,308 0,013% 0 0,00% 0,077 *** 0 0 1,25 26,04

 $^{^{\}ast}$ % RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 3 capsules in a day



IMMUNE SYSTEM SUPPORT

The immunity system is one of the main regulating systems of human body. It plays a leading role in recognition of foreign agents and their removal from the body. Changes in the immune system activities, both upward and downward, are accompanied by the development of pathological conditions (allergies, immunodeficien cies, autoimmune processes), which are characterized by chronic course and recurrences, have a bad effect on your mood and reduce the quality of your life.

To avoid the dysfunction of immune system, it is essential to maintain the physiological level of macro and micro elements, vitamins, amino acids, other biologically active substances, including the substances of natural origin. Artlife's bioactive complexes, as rich resources of men tioned nutrients, are intended to strengthen all parts of the immune system.

These complexes increase the general resistance of body, reduce the intensity of chronic processes, related to the dysfunction of immune system.



Has antiviral and anti-inflammatory effect.

- Helps strengthen immunity.
- Is recommended for use as a part of prophylaxis of respiratory system.
- Provide nutrition in resistance to herpetic and other viral infections.

RECOMMENDED USAGE:

1 capsule 3 times a day with meal or as suggested by the healthcare professional.



90 Capsules

SUPER SHIELD ACTIVE

SUPPORT FOR IMMUNITY

SUPER SHIELD ACTIVE is a unique combination of natural components, which is directed to the effective correction of immune system dysfunctions. Beta glucan is a polysaccharide from mushrooms and yeast which increases nonspecific and specific immunity by activating immune cells. Shiitake ginger and Echinacea increase resistance to infections, strengthen immunity, activate metabolic processes in liver cells. Ginger root has anti inflammatory and antipyretic effect.

Vitamins E and C reduce the permeability of the capillary network, they are not only pre venting entry of new viruses, but also reducing tissue swelling, that is manifested in reduced tearing and nasal congestions.

The minerals **zinc and selenium** stimulate immune system.

Zingiber rhizome extract (Ginger) enhance the body resistance to colds and infections, has anti-inflammatory, antioxidant, immune stimulating and pathogenic effects.

Citrus bioflavonoids strengthen blood vessels walls and have antioxidant action.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0		
Protein, g	0		
Carbohydrates, g	0		
Sugar, g	0		
Total Fat, g	0		
Vitamins/Minerals			
Vitamin C, mg	10,00	25,00	25,00
Vitamin E, mg	2,50	25,00	25,00
Zinc, mg	2,5	20,83	25,00
Selenium, mg	0,01	25,00	25,00

 $^{^{\}ast}$ % RDA, * % RDA as per ICMR guidelines for Men, Women doing sedentary work, Serving 3 capsules in a day

PERSIPHEN Pirts persico persorp. Curcumo longa rivaire NUTRACEUTICAL Resourched and Formitated in ARTHER RUSSIA Net Quantity 90 Cappades ACTION ACT

- Improves the general state of organism .
- Activates the immune system.
- Improves the state of vessels.

RECOMMENDED USAGE:

1 capsule 2 times a day with meal or as suggested by the healthcare professional.



90 Capsules

PERSIPHEN

ANTIOXIDANT PROTECTION OF BODY

It effectively protects the body from free radicals, hence increases immunity to protect body from various problems.

Prunus persica pericarp is a natural complex, which has a high ability to block free radicals. It includes a unique set of polyphenolic compounds, those play an important role in extracellular and intracellular antioxidant protection of body.

Vitamin C enhances the protective functions of body, preventing viral and bacterial infections, it has antioxidant and anti inflammatory effects and performs vasoconstrictive effect.

Vitamin E is a strong antioxidant, it not only prevents oxidative stress, but successfully fights with its consequences. It restores the collagen destroyed by free radicals, takes part in the formation of intercellular substances, inhibits the aging process and improves cellular nourishing. More over, it slows down the aging process and helps prevent cancer, diabetes and heart diseases.

Beta Carotene is called by scientists as the most suitable form of carotene for human body, be cause it can more quickly and fully be transformed in the organism into vitamin A. The antioxidant properties of beta carotene help the body to get rid of many harmful for health factors, like free radicals, radionuclides, heavy metal salts and so on. In addition to that, mentioned substance improves the functions of immunity system, enhances adaptogenic capabilities of body and re lieves stress.

Curcuma longa rhizome has antioxidant effect, slows down the aging process, supports liver functions, has an anti-inflammatory and antimicrobial effects, and reduces the risk of oncological diseases.

Persiphen bioactive complex provides a safe protection against destroying effect of free radicals and also has a positive impact on the body general tone.

RDA Women**
0,050%

0
50,00
41,67
50,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 2 capsules in a day



- Enhances the body protective power.
- Provides Nutritional support in Prophylaxis of Colds and Flu.
- Increases body tone and endurance.

RECOMMENDED USAGE:

1 Capsule 3 times a day with meal or as suggested by the Healthcare Professional. Course duration – 10 day.



6*10 capsules

CETRA COMPLEX

A POWERFUL ANTIBACTERIAL SUPPORT

CETRA COMPLEX has antibacterial and antiviral properties, performs anti inflamma tory action, helps strengthen the immunity system; stimulates activities of gastroin testinal tract's endocrine glands, performs a hepatoprotective and adaptogenic actions, normalizes the metabolism, has a positive effect on the intestinal microflora, without causing dysbacteriosis.

Contains 7 plant extracts, which have a strong antibacterial effect:

Echinacea Purpurea powder extract increases the natural protective power of body, optimizes the functions of central nervous system, and also prevents respiratory viral infections.

Azadirachta indica is knowingly called panacea for all diseases, it has antibacterial and antiviral astringent, general health improving and antimalarial properties; helps to treat skin diseases and is useful when the temperature rises.

St. John's wort – aerial parts standardized extract is a high performance antimicrobial, general health improving, anti inflammatory and antispasmodic remedy, restrains the growth of bacteria and fungi, regulates metabolism and digestion processes.

Curcuma longa – rhizome powder has an antioxidant effect, slows down the aging process, supports liver functions, has an anti-inflammatory and antimicrobial effects, and reduces the risk of oncological diseases.

Juglans regia (walnut) Leaf has a tonic and general health improving effect, resolves the infiltrates and suppresses inflammatory processes.

Olea europaea Seed is one of the most powerful natural antioxidants, which strengthens the immune system, relieves the symptoms of chronic fatigue syndrome, increases the energy and endurance. It is also effective against viral infections and removes parasites.

Shiitake mushroom extract contains a unique polysaccharide lentinan, that has antitumor activity and so it has no analogues in the world; it can correct any inflammatory processes, suppresses pathogenic flora in body and normalizes blood pressure.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,272	0,012%	0,014%
Protein, g	0	0,00%	0,00%
Carbohydrates, g	0,068	***	***
Sugar, g	0		
Total Fat, g	0		

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established



VISION

Vision is a one hundred percent alimentary dependent process. That is to say, food and its components determine the visual function, which directly depends on the quality and quantity of certain nutrients. To maintain and save visual acuity for many years, you need to replenish the stock of these nutrients in body as long as life endures. Systemic bioactive substances help save and support the visual functions, strengthening eye vessels and improving its nutritious supply.



ACTION

- Reduces visual fatigue syndrome (while reading, working with computer, driving and etc.)
- Prevention of age-related changes in eyes.



1 capsule 2 times a day with meal or as suggested by the healthcare professional.



90 Capsules

GLAZOROL INTENSIVE

VISION SUPPORT

GLAZOROL INTENSIVE composition provides comprehensive and versatile protection of your vision. It helps reduce the manifestation of visual fatigue syndrome (while reading, working on computer and other increased loads), due to comprehensive actions, this bio active complex has a physiologically positive effect on cardiovascular and nervous systems, as well as on brain.

Natural pigments (zeaxanthin, lutein) protect retina from aggressive particles of electromag netic spectrum. They play a very important role in prophylaxis of age related changes, which potentially can lead to loss of sight.

Beta carotene improves light perception and eye adaptation to darkness.

Blueberry anthocyanins increase the speed of formation of visual pigments and rhodopsin, restore destroyed and damaged microcirculation and have antioxidant effect.

Ginkgo biloba improves bloodstream and the integrity of retinal capillaries, and provides adaptation to long term visual workloads.

Quercetin has antioxidant effects, helps improve microcirculation.

The natural amino acids: L taurine and L cysteine, as well as vitamins provide nutritional support. They protect eyes from overloads.

Selenium is a valuable microelement, which is necessary for the prophylaxis of vision age relat ed changes (such as cataract), and also can improve xerophthalmia and support general health state of eyes.

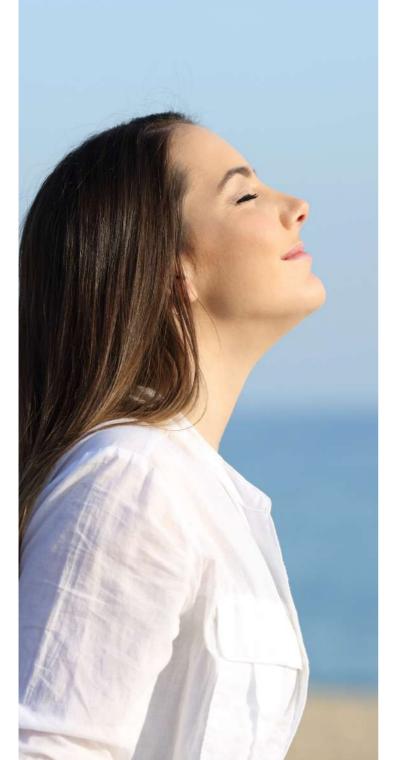
Zinc is an important element for eye health. Its deficiency can lead to retinal separation.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	1,792	0,066%	0,080%
Protein, g	0,087	0,15%	0,16%
Carbohydrates, g	0,273	***	***
Sugar, g	0		
Total Fat, g	0,0004	0,0016	0,0020
Vitamins/Minerals	/Amino Acids		
Vitamin C, mg	20,00	50,00	50,00
Vitamin B2, mg	0,65	40,63	50,00
Vitamin A, mg	1,25	26,04	26,04
Selenium, mg	0,015	37,50	37,50
Zinc, mg	4,22	35,17	42,20
Cysteine, mg	17	1,57	1,72

Nutraceutical is not to be used as substitute for a varied diet. Please do not exceed the recommended daily usage.

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing Moderate work,

^{***} RDA Value not established, Serving 2 capsules in a day



RESPIRATORY SYSTEM

The human respiratory system not only provide vital oxygen supply, that is essential for every cell, but also as one of the first body organs faces the disease inducing microorganisms and pathogens, preventing their penetration into the body's internal environment. In case of exacerbation of airborne infections, the pressure and load on respiratory system organs will be increased, so it is essential to support their functions. One of the symptoms of a chronic inflammatory process in the respiratory tract is coughing.



Helps reduce inflammation in respiratory

Helps strengthen immunity.

tract.

 Protects respiratory tract from harmful effects (smoking, allergens, harmful production factors, bad ecological conditions).



1 capsule 2 times a day with meal or as suggested by the healthcare professional.



90 Capsules

PULMOCLINZ

RESPIRATORY PROTECTION

PULMOCLINZ complex contains plant extracts, it helps reduce the level and intensity of inflammation in respiratory tract and improves general health state of body.

Thyme and angelica have antibacterial effect, facilitate coughing, soften the mucous mem brane and help to get rid of phlegm.

Glycyrrhiza glabra L. root – it is a popular plant, that is used around the world. It has been used and studied in Chinese herbal medicine for a thousand years. This plant exerts a high anti viral activity, has antihistamine, expectorant, regenerating, anti inflammatory and general health improving effects.

Pimpinella anisum seed is a rich source of organic acids and essential oils, it contains a lot of useful substances, it has an antispasmodic effect on bronchi, exerts a high antiviral activity and improves healing process.

Ginger contains organic acids and essential oils, which have antimicrobial, antispasmodic and bactericidal effects, improves expectoration and alleviates the symptoms of cold related diseases.

Quercetin has antioxidant effect, improves microcirculation, and increases immunity in case of respiratory diseases.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	1,08	0,047%	0,057%
Protein, g	0	0,00%	0,00%
Carbohydrates, g	0,27	***	***
Sugar, g	0		
Total Fat, g	0		
Vitamins			
Vitamin C, mg	18,00	45,00	45,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 2 capsules in a day



NERVOUS SYSTEM

The nervous system perceives and analyzes information, received from the world around, creates conditions for harmonized working of body organs, directs human movements, performs higher nervous activity, which is manifested in emotions, speech, memory and intellectual development. As long as life endures, nervous cells are needed in nutrition support, which is based on a number of nutrients (phospholipids, amino acids, vitamins, glucose) and the excellent performance of vascular bed, that provides influx of biologically active substances to nervous tissue. Artlife's biologically active complexes can provide such an integrated support for nervous system. They are designed to extend the functional adequacy of nervous cells and comprehensive support for nervous system, that is very important today, under the condition of industrial and man caused overloads.



Has a mild sedative effect.

- Increases the workability, resistance to stress and high physical loads.
- Improves the process of falling asleep in case of mild insomnia.



1 Capsule 3 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

NSTABIL

REDUCE STRESS AND HEALTH SUPPORT

Nstabil is a phytocomplex with a soothing, mild sedative action, helps normalize the emotional state and provides resistance to stresses. The effect of this complex is based on and directed to restoration of balance of excitation and inhibition processes in CNS.

Magnesium has a good effect on the metabolism in nervous and muscular tissues. In combination with vitamin B6, it helps maintain energy metabolism and biochemical balance of central nervous system.

L Tryptophan is an independent amino acid, this is not synthesized by the body and is obtained from food. L tryptophan plays a crucial role in the production of serotonin and melatonin, which guarantee a good mood, healthy sleep and excellent performance of immune system.

Valeriana has a soothing, analgetic and sedative actions. It traditionally is used to fight episodic insomnia.

Humulus lupulus has a soothing and cardiotonic effect, helps relieve stress and anxiety. It is used in case of neurosis.

Mentha piperata has an integrated action on the nervous system: tones, soothes, relieves insomnia, improves brain function.

Hypericum perforatum leaf is a herbal antioxidant, is used as an antidepressant in cases of neurosis and insomnia.

Qty./Serving	% RDA Men *	% RDA Women**
0,12	0,005%	0,006%
0,03	0,05%	0,05%
0		
0		
0		
0,6	30,00	30,00
35	10,29	11,29
	0,12 0,03 0 0 0	0,12 0,005% 0,03 0,05% 0 0 0 0 0 0,6 30,00

Nutraceutical is not to be used as substitute for a varied diet. Please do not exceed the recommended daily usage.

 $^{^{\}star}$ % RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work, Serving 3 capsules in a day

Art Life MRISE Grigo bilobo extroct. Ginseng root, Iactis NUTRACEUTICAL Western Russia Martife Russia Met Quantity 90 Capsulan ACTION

Enhances general workability, concentration and memory, especially in case of overtiredness and fatigue.

 Helps to slow down processes of age-related impairments of cognitive functions, vision, hearing.



1 Capsule 2 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

MRISE

ACTIVE FUNCTIONING OF BRAIN

MRISE is a complex of nutritious substances, that improves cerebral blood flow, has a hypoxic effect and provides trophic support for the central nervous system. It stimulates brain activities, contributes to improve attention, memory, and reduces disturbances in the emotional and volitional sphere.

Lecithin is 100% natural, non GMO and also a phospholipid fraction of soy. It contributes to the preservation of strength and conductivity and nerve fibers, regulates the processes in nervous tissues, activates the work of brain. The replenishment of lecithin stores stimulates mental functions, the ability to learn, prevents disturbances in CNS in older ages (multiple sclerosis, Alzheimer's disease)

Ginkgo biloba extract strengthens the blood vessel walls and improves the cerebral ve nous blood outflow. It activates cognitive functions, especially the memory.

L Tryptophan is an independent amino acid, this is not synthesized by the body and is obtained from food. L tryptophan plays a crucial role in the production of serotonin and melatonin, which guarantee a good mood, healthy sleep and excellent performance of im mune system.

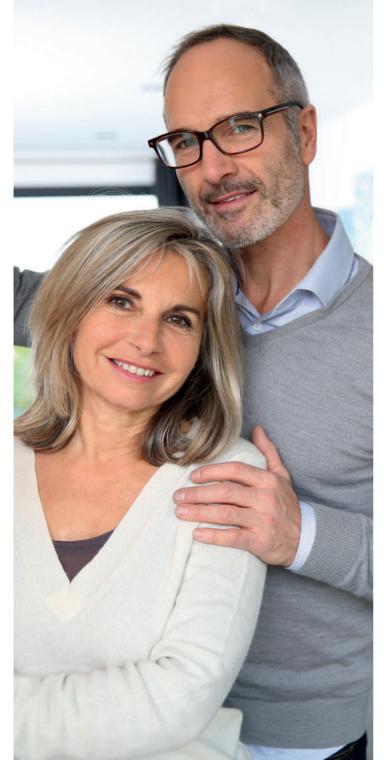
Vitamin B group play an important role in the energy metabolism and support nervous sys tem functions.

Ginseng root extract has a tonic effect, increases physical and mental activities, of course without excessive stimulation.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,343	0,015%	0,018%
Protein, g	0,06	0,10%	0,11%
Carbohydrates, g	0,001	***	***
Sugar, g	0		
Total Fat, g	0,011	0,04%	0,06%
Vitamins			
Vitamin B3, mg	5,00	31,25	41,67
Vitamin B5, mg	2,50	50,00	50,00
Vitamin B6, mg	0,9	45,00	45,00
Vitamin B1, mg	0,5	41,67	50,00
Vitamin B9, mg	0,09	45,00	45,00
Vitamin B12, mg	0,00045	45,00	45,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 2 capsules in a day



METABOLIC SUPPORT

The endocrine glands play an important regulating role in human body. All levels and kinds of metabolisms, thermo regulation, water and mineral salts balance maintenance in body, human growth and development regulation, and lots of other vital processes are subordinated to them. Ar tlife complexes for the endocrine system protection help support the most vulnerable types of processes, which control the activities of endocrine glands, carbohydrate metabolism and pancreatic function, as well as specific problems associated with the hormonal status of men and women.

Art dige GLUCOSIL NORMA Prometis evigats L. Garcinia cambaga errus NUTRACEUTICAL ARTURE RUSSA Ner Quanty 10 Cepsulas ACTION

Normalization of metabolism.

- Vascular health support.
- Support the health of people with diabetes and metabolic syndrome.



1 Capsule 4 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

GLUCOSIL NORMA

DIET AND ENERGY OPTIMIZATION

Glucosil Norma is a resource of vital nutritious substances, which contribute to a healthy metabolism, improve carbohydrates digestion, help control appetite. This complex can be recommended as an addition to the programs, which include a healthy diet (low carb and other diets) and regular exercises.

Phaseolus Vulgaris is a plant suppressant of carbohydrates. It helps delay breakdown of food starch, restricts the impact of alpha amylase digestive enzyme. Due to decreasing the activity of this enzyme, we can also reduce starch carbohydrates digestion and absorption.

Garcinia cambogia extract is a resource of hydroxycitric acid, which helps speed up metabo lism, bppst mood and reduce weight.

Taurine is essential for the synthesis of bile acids, which remove excess cholesterol from the body. **Zinc** helps normalize carbohydrate and fat metabolisms.

Alpha lipoic acid is a coenzyme and one of the most important antioxidants, plays an important role in glucose metabolism.

Rutin and Quercetin strengthen blood vessels walls and improve microcirculation.

Vitamin C and Vitamin E are important nutrients, which maintain immune system, protect blood vessels, keep healthy the skin and connective tissues and provide antioxidant protection

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0		
Protein, g	0		
Carbohydrates, g	0		
Sugar, g	0		
Total Fat, g	0		
Vitamins/Minerals			
Vitamin C, mg	10,00	25,00	25,00
Vitamin E, mg	2,50	25,00	25,00
Zinc, mg	2	16,67	20,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work, Serving 4 capsules in a day



- Normalizes metabolism.
- Enhances the immune system.
- Improves functions of all of the body systems.

BURDOK-C

NORMALIZATION OF ALL KIND OF METABOLIC PROCESSES

«Burdok C» is a unique bioactive complex, which provides a comprehensive support for body functions, due to correct any kind of metabolic disorders and helps to main tain body's natural balance.

Cichorium intybus – roasted root powder contains micro and macroelements, vitamins, pro teins, tannins and organic acids and resins, due to that it provides the activation of metabolic processes, inhibits the growth of pathogenic microorganisms, it is a strong immune modulator and antioxidant, and it normalizes functions of the various body systems.

Juniperus communis is a coniferous evergreen shrub, for a long time people were knowing it as a symbol of eternal life. It has diuretic, choleretic, bactericidal, expectorant, analgesic, sooth ing, anti inflammatory, blood cleansing effects.

Inula racemosa root extract contains an important polysaccharide, known as inulin, which im proves the digestion of useful elements, normalizes lipid metabolism and hemopoiesis, reduces sugar level in case of diabetes, and enhances the immunity.

L ascorbic acid takes part in the different metabolic processes in body, intensifies redox processes in body, improves the antitoxic function of liver and helps increase body resistance.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0		
Protein, g	0		
Carbohydrates, g	0		
Sugar, g	0		
Total Fat, g	0		
Vitamins			
Vitamin C, mg	20,00	50,00	50,00



1 Capsule 2 times a day with meal or as suggested by the Healthcare Professional. Course duration – 1 month



90 Capsules

Nutraceutical is not to be used as substitute for a varied diet. Please do not exceed the recommended daily usage.

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work, Serving 2 capsules in a day



ACTION

- Support for thyroid function.
- Normalization of metabolism.
- Improves memory and attention.



1 capsule 2 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

TBALANCE

THYROID FUNCTION SUPPORT

Tbalance is a rich source of amino acids, vitamins and microelements, which help maintain metabolic functions, functions of thyroid, brain and nervous system. On the one hand, they protect from mood swings, increase the level of energy and workability. On the other hand, they help control appetite and body weight. This complex can be recommended as an addition to the programs, which include a healthy diet (low carb and other diets) and regular exercises.

L Tyrosine is an amino acid, that contributes to the good brain nutrition, because it is the precursor of the neurotransmitter dopamine, norepinephrine and adrenaline. Increasing the speed of neurotransmitter synthesis, tyrosine stimulates the central nervous system, acts as an adaptogen, alleviating the physical symptoms of stress – for example, mood swings. In addition, tyrosine stimulates growth hormone and is involved in the functions of the adrenal glands and hypophysis.

L Phenylalanine is an amino acid, that prevents destruction of endorphins in body, sup ports the functions of neurotransmitters, and regulates mood and cheerfulness.

Magnesium, Zinc, Cuprum, Manganese, Potassium are the cofactors of enzymes, in volved in the formation of thyroid hormones, as well as in iodine transport.

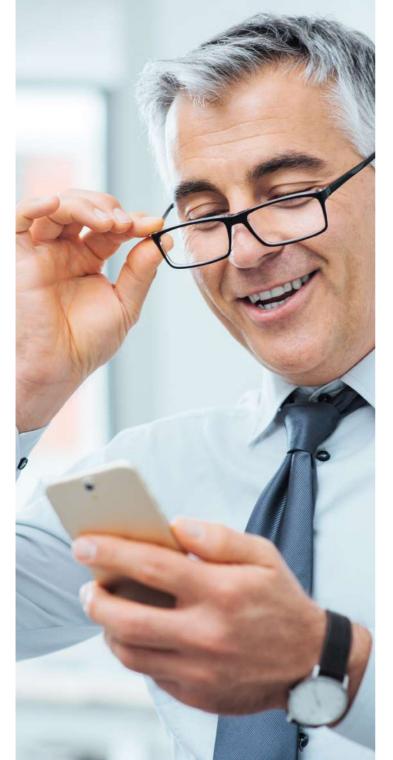
B group vitamins are involved in different biochemical processes in body, in production cellular energy and the synthesis of healthy red blood cells, as well as in various neurological processes.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	1,352	0,058%	0,071%
Protein, g	0,337	0,56%	0,61%
Carbohydrates, g	0		
Sugar, g	0		
Total Fat, g	0,0004	0,0016%	0,0020%
Vitamins/Minerals	/Amino Acids		
Vitamin B1, mg	0,3	25,00	30,00
Vitamin B6, mg	0,4	20,00	20,00
Vitamin B2, mg	0,36	25,71	32,73
Vitamin B3, mg	4,00	25,00	33,33
Vitamin E, mg	2,00	20,00	20,00
Vitamin A, mg	0,20	33,33	33,33
Magnesium, mg	30	8,82	9,68
Zinc, mg	4	33,33	40,00
Copper, mg	0,20	11,76	11,76
Manganese, mg	0,4	10,00	10,00
lodine, mg	0,0525	35,00	35,00
L Tyrosine, mg	100,00	5,56	6,06
L Phenylalanine, mg	150,00	8,33	9,09

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work, Serving 2 capsules in a day

NOT FOR MEDICINAL USE

Nutraceutical is not to be used as substitute for a varied diet. Please do not exceed the recommended daily usage.



MEN'S HEALTH

The product line biocomplexes for men is an active prevention of sexual disorders in men of any age. The complexes, made with natural components, let maintain men's health for many years.



Support for reproductive health of men (number, sperm motility)

- Help in normalization of hormonal background of the man
- Prophylaxis and help in comprehensive therapy of prostatitis
- Prophylaxis and help in comprehensive therapy of benign prostatic hyperplasia (adenoma)
- Prophylaxis of prostate cancer



adult men take 1 Capsule 2 times a day with meal or as suggested by the Healthcare Professional. Course duration – 1 month. If necessary, the course can be repeated.



6*10 capsules

M FORMULA ACTIVE

PROSTATITIS PREVENTION

The complex «M FORMULA ACTIVE» has an anti inflammatory effect, prevents the development and progression of prostate adenoma, help to restores cellular structures of glandular tissue, improves potency, increases libido, improves immunity and the overall performance of the male body.

Active components:

Brassica campestris Leaf contains substances with proven high antitumor effects.

Urtica parviflora relieves difficulty urinating.

Ajamod has a diuretic effect, stimulates the kidneys and adrenal glands.

Zinc Citrate improves sperm quality and potency.

Lycopene, Sodium selenite, Prunus armeniaca L. Kernel, DL alpha tocopheryl ace tate protect prostate cells from active radicals, stimulate the formation of antibodies, help to main tain and prolong sexual activity, increase physical endurance.

Nutrients	Qty./Capsule	% RDA Men *
Energy, kcal	0,744	0,032%
Protein,g	0	
Carbohydrates,g	0,186	***
Sugar, g	0	
Total Fat, g	0	
Vitamins/Minerals		
Vitamin E, mg	5,00	50,00
Zinc, mg	6,00	50,00
Selenium, mg	0,02	50,00

^{* %} RDA, as per ICMR guidelines for Men doing sedentary work,

^{***} RDA Value not established, Serving 2 capsules in a day

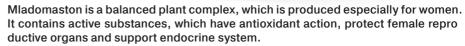


WOMEN'S HEALTH

The hormonal changes take place in female organism as long as endures: some of these changes are related to the ovicell development, other changes are associated with menopause. The serious changes in the hormonal balance must be treated under the supervision of a phy sician. The disease avoidance measures help prevent side effects of a serious hormonal imbalance.

MLADOMASTON

WOMEN'S HEALTH SUPPORT



Vitex agnus castus leaf contains active substances, which help maintain healthy functioning of endocrine system. It supports female hormonal regulation.

Resveratrol is a polyphenol, that can be found naturally in the peels of red grapes and some of other plants. Recent studies have shown that resveratrol reduces oxidative processes in cells, protects from stresses, caused by environmental factors, counteracts aging processes, improves heart health and boosts the immunity system.

Tea catechins is a resource of epigallocatechin. This kind of catechin deactivates free radicals, before they managed to harm cells. The studies have shown that it plays a role in fighting skin age related changes and tumors, and protects from UV radiation.

Isoflavones could be found in several plants, especially in soybeans. These substances help maintain the healthy state of endocrine system, relieve symptoms of premenstrual syndrome and menopause.

Brassica campestris leaf contains a high amount of indole 3 carbinol, which contributes to a healthy cell reproduction, maintains healthy liver, helps maintain the health of breasts and other reproductive organs.

Nutrients	Qty./Capsule	% RDA Women**
Energy, kcal	1,068	0,056%
Protein, g	0	
Carbohydrates, g	0,267	***
Sugar, g	0	
Total Fat, g	0	



ACTION

- This food supplement is intended to normalize the endocrine profile and prevent the development of neoplasms.
- Relief of the symptoms of menopause and premenstrual syndrome.
- Prophylaxis of female gynaecological disorders.



1 Capsule 2 times a day with meal or as suggested by the Healthcare Professional.



90 Capsules

^{** %} RDA as per ICMR guidelines for Women doing sedentary work,

^{***} RDA Value not established, Serving 2 capsules in a day



■ Improving the synthesis of female sex

hormones.

- Prevention of inflammation of the female sexual sphere.
- Premenstrual syndrome and climate syndrome.



1 capsule 2 times a day with meal or as suggested by the healthcare professional.



90 Capsules

WOMENS FORMULA

A COMPLEX WITH PHYTOESTROGENS

Womens formula is a well balanced product for women. It contains the recommended key components, which maintain the healthy reaction of body to the natural changes, that occur during the menopause. It replenishes the deficiency of microelements and vitamins.

Isoflavones are found in plants, especially in soybeans, they are a resource of phytoestrogens. These substances help maintain the healthy state of endocrine system, relieve symptoms of premenstrual syndrome and menopause.

Dioscorea bulbifera extract is traditionally used in order to female health maintenance, and also eliminates recurring discomfort in the gastrointestinal tract.

D Biotin is necessary for the normal growth of skin and hairs, lipid metabolism and energy gen erating.

Vitamin A ν Vitamin E are powerful antioxidants. They maintain immunity system, protect blood vessels, keep the skin and connective tissues healthy and provide antioxidant protection.

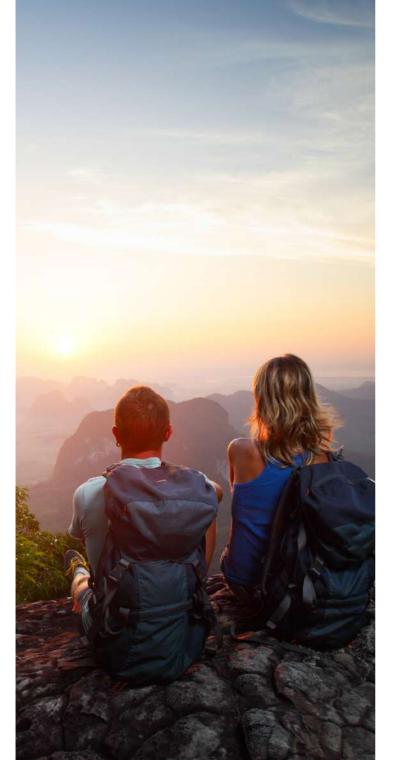
Calcium is necessary for the maintenance of the bone tissue integrity. The calcium deficiency can lead to the osteoporosis

Microelements complex (Ferrum, Zinc, Manganese) is essential for the various important metabolic reactions and help to have a good mood.

B group vitamins play an important role in energy metabolism and help maintain emotional balance.

Nutrients	Qty./Capsule	% RDA Women**
Energy, kcal	0,122	0,006%
Protein, g	0	
Carbohydrates, g	0,031	
Sugar, g	0	
Total Fat, g	0	
Vitamins/Minerals		
Vitamin B3, mg	5,00	41,67
Vitamin E, mg	2,00	20,00
Vitamin B5, mg	2,10	42,00
Vitamin A, mg	0,20	33,33

^{** %} RDA as per ICMR guidelines for Women doing sedentary work, Serving 2 capsules in a day



MUSCULOSKELETAL SYSTEM

Movement is an integral part of our life, so trying to keep healthy the musculoskeletal system is a very important element of active longevity. Improper nutrition and physical inactivity affect the state of the musculoskeletal system, so it would be unprepared to the physical activities and workloads. The chronic inflammatory processes will be developed and even the simple movements would cause pain.

The timely nutritional support for the tissues of musculoskeletal system by means of Artlife's bioactive complexes, is able to prevent the development of dystrophic and degenerative processes, provide strength and elasticity of the ligaments, maintain joint mobility, and happiness of active movements.



__ ACTION

- Maintenance of bone and joint health.
- Effective restoration after injuries.
- Prophylaxis of osteoporosis.

RECOMMENDED USAGE:

1 capsule 2 times a day with meal or as suggested by the healthcare professional.



6*10 capsules

CALCI-M

MUSCULOSKELETAL SUPPORT

The unique formulation on the basis of the best form of calcium in terms of bioavail ability.

Calcium plays an important role in the body vital activities, it is especially essential for the for mation of teeth, bones, prevention of structural changes in bone tissue, and also for the mainte nance of health state of skin, hair and nails.

Magnesium is necessary for all of the cells and tissues, it normalizes the state of muscles. It contributes to normal growth and development of the skeletal system, and also supports the health state of teeth and bones. Magnesium deficiency can lead to the reduced bone strength, and deterioration of all tissues and organs.

Zinc takes part in the synthesis of connective tissue (cartilages, ligaments), and has anti inflam matory and antimicrobial effects. Its deficiency can cause the deterioration of tissues healing process and their rapid wear.

Manganese is necessary for the stabilization of metabolic processes, it takes part in the synthe sis of connective tissue, that forms joints, and also in the formation of bone tissue.

Boron takes part in the metabolism of fats, hydrocarbons, a number of hormones and vitamins, it is also involved in the metabolism of bone tissue. Boron helps vitamin D to transform into the more active form of itself, thereby increases calcium absorption and its level in bones.

Chromium speeds up hydrocarbon metabolism, helps to maintain normal level of sugar in blood and supplies energy to body.

Vitamin C restores connective tissues structure and strengthens collagen fibers.

Vitamin D3 is responsible for digestion of magnesium and calcium, those are essential for the formation of teeth and bone tissues, it has a positive impact on the restoration processes and growth of cells. It also protects body from the development of cancers.

Vitamin K2 is related to the fat soluble vitamins. This is known as a vitamin, which plays an important role in blood clotting process. Moreover, vitamin K also is essential to maintain strong bones, prevents heart diseases and also a number of physical processes in body.

Chondroitin sulphate is the most important component of cartilage, ligaments and tendons, and provides their strength and integrity.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	0,407	0,018%	0,021%
Protein, g	0,087	0,15%	0,16%
Carbohydrates	g 0,0137	***	***
Sugar, g	0		
Total Fat, g	0,0004	0,0016	0,0020
Vitamins/Mine	erals		
Vitamin C, mg	18,00	45,00	45,00
Vitamin D3, mg	0,0025	25,00	25,00

Nutrients	Qty./Serving	% RDA Men ^	% RDA Women^
Vitamin K2, mg	0,0055	10,00	10,00
Calcium, mg	90,00	15,00	15,00
Magnesium, m	g 45,2	13,29	14,58
Zinc, mg	1,2	10,00	12,00
Manganese, m	ng 0,26	6,50	6,50
Boron, mg	0,025	***	***
Chromium, mg	0,00415	8,30	8,30

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

Nutraceutical is not to be used as substitute for a varied diet. Please do not exceed the recommended daily usage.

^{***}RDA Value not established, Serving 2 capsules in a day

Art die JFLEX FORTE Gistestame sulphote, Chardcoln sulpher, Rowello serare - gam reiter autour NUTRACEUTICAL Researche aus franziset er ARTLIE RUSSIA Net Quantity 90 Capsules

ACTION

- Stimulates the recovery process of cartilaginous tissue.
- Helps to reduce inflammatory processes in the connective tissue and also decrease the pain syndrome.



1 capsule 2 times a day with meal or as suggested by the healthcare professional.



90 Capsules

JFLEX FORTE

PERFECT NOURISHING OF JOINTS

JFLEX FORTE has a general health improving effect on the organism, stimulates the recovery process of cartilaginous tissue, helps to reduce inflammatory processes in the connective tissue and also decrease the pain syndrome.

JFLEX FORTE contains natural chondroprotectors (Chondroitin sulphate and Glucosamine sulphate), that compensate for insufficient supply of nutrients to the connective joints. It compensates for nutritional deficiencies, that are required for the full functional activities of joints, ligaments and spine.

Glucosamine sulphate is the most important component of cartilage ligaments and tendons, providing their strength and integrity.

Chondroitin sulphate as the main "building material" for the synthesis of chondroitin, it is the structure component of tendons, joint fluid, connective tissue, skin and bones. It protects cartilages from destruction and stimulates the production of collagen.

Amino acids L Proline, L Lysine and Glycine are the basis of the collagen structure, their deficiency can lead to the development of degenerative changes in connective tissues.

Boswellia serrate – gum resin extract since olden times is used in Ayurvedic medicine and is highly appreciated for its useful properties, has a very high performance anti inflammatory effect, helps cope with the destruction of cartilage and activates the recovery processes.

Ginkgo biloba extract normalizes metabolism in cells, blood's rheological properties and mi crocirculation, reduces the intensity of inflammatory processes in joints.

Enzyme bromelain has an anti inflammatory effect, helps cope with joint pain.

Rutin or vitamin R is a bioflavonoid, it strengthens blood vessel walls and removes puffiness.

 $\label{lem:connective} \textbf{Vitamin C} \ \ \text{neutralizes those enzymes, which destroy the structure of connective tissues.}$

Vitamin B6 is effective against cramps and muscle pain.

Biotin prevents muscle pain, cramps and tingling in limbs.

Calcium and copper microelements provide nutritional support for the connective tissues.

Has a general health improving effect on the organism.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	1,248	0,054%	0,066%
Protein, g	0,087	0,15%	0,16%
Carbohydrates,	g 0,224	***	***
Sugar, g	0		
Total Fat, g	0,0004	0,0016%	0,0020%
Vitamins/Mine	erals/Amino A	Acids	
Vitamin C, mg	12,00	30,00	30,00

Nutrients	Qty./Serving	% RDA Men *	% RDA Women*
Vitamin B6, mg	0,33	16,50	16,50
Biotin, mg	0,015	50,00	50,00
Copper, mg	0,135	7,94	7,94
L Lysine, mg	23,00	1,10	1,19

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 2 capsules in a day



ACTION

- Supports healthy cardiovascular system.
- Enhances the immune system.
- Increases bone strength.

RECOMMENDED USAGE:

For Children over 3 years old & Adults 1 2 capsule per day with meal or as suggested by the healthcare professional.



6*10 softgel capsules

OPTIMAL K2+D3

BONES & HEART SUPPORT

Artlife vitamin K2 + D3 400iu (2 Soft Gelatin Capsules) provides just the right amount of each essential vitamin to maximize their benefits to your bones and heart. No more, no less.

Vitamin D (specifically D3, the form of vitamin D you get from the sun) is essential for properly absorbing the calcium we all know is so important as we age. Without D3, you may be missing out on benefits from the calcium in your diet. Most people start taking vitamin D3 after they experience signs of deficiency. You may have heard that D3 400iu shouldn't be taken alone and its true! Let us explain. While vitamin D ensures that calcium is absorbed, vitamin K2 (specifically as mk 7, the most bioavailable form) is purported to direct the calcium into the bones and out of the bloodstream and arteries, which helps promote both bone mineral density and arterial flexibility. Vitamin K2 also helps synthesize crucial bone proteins, which allows vitamin K2 to further support healthy bone metabolism. Bottom line, vitamins K2 & D3 are truly the perfect pair. If you're serious about supporting healthy bones and a healthy heart, experience the benefits of Artlife vitamin K2 + D3.

- ENRICHED WITH VITAMIN D3 AND K2: Vitamins D3 with K2 is simply a perfect combination.
 Most People Know The Benefits Of Vitamin D, But Many Don't Realize That Vitamin D Needs Vitamin K2 To Maximize its Benefits
- 100% NATURAL & SAFE INGREDIENTS.
- IMPROVES IMMUNITY: Vitamin D3 helps replenish the body's stores of vitamin D which helps in optimizing health. Promising improved immunity, mood, and the neuromuscular system with just 2 Capsule a day.
- SUPPORTS HEALTHY CARDIOVASCULAR SYSTEM: Vitamin K2 supplement facilitates proper absorption of Calcium which gets accumulated in the arteries.
- STRONGER BONES: When Calcium is properly absorbed from the bloodstream, it can be utilized to build bone density. K2 Vitamin directs Calcium from the bloodstream to bones...

Nutrients	Qty./Capsule	% RDA*	
Energy	2 kcal	0.073 %	
Protein	0.09 g	0.15 %	
Carbohydrates	0.00072g	0.00055 %	
Total Fat	0.182 g	0.607 %	
Vitamins			
Vitamin K2	0.0275 mg	50.00 %	
Vitamin D3	0.005 mg (200IU)	50.00 %	

^{* %}RDA Established as per ICMR Guidelines

TRIOVITAL

IMMUNE SYSTEM SUPPORT

Immune system is incredibly complex. It has to be strong enough and sophisticat ed enough to fight off a variety of illnesses and infections, If you're looking for ways to help boost your immune system then TRIOVITAL is a best option, it's a source of Vitamin C, Vitamin E and Zinc, It also contains highly beneficial natural Ingredients like Quercetin and Ginger Extract.

Vitamin C (Ascorbic acid) is a powerful antioxidant that can strengthen your body's natural defenses. Antioxidants are molecules that boost the immune system. They do so by protecting cells from harmful molecules called free radicals.

Vitamin E or Alpha tocopherol acetate is a nutrient that's important to vision, reproduction, brain & skin health. Vitamin E is key for strong immunity. Vitamin E is an important antioxidant, protecting joints against oxidative damage. This can help slow certain aging related disorders like heart disease, diabetes,

Zinc is considered as an essential nutrient. Zinc helps keep your immune system strong and is necessary for immune cell function and cell signaling. Zinc may relieve oxidative stress and improve immune response, which help protect your body from infection.

Quercetin has antioxidant properties and antibacterial properties, which are against almost all types of bacteria, particularly those linked to: stomach, intestines, skin, respiratory, urinary. It plays an essential role in reducing the risk of cardiovascular diseases & to reduce blood pressure.

Ginger extract or Zingiber Officinale, has been used across the globe as a natural remedy including relief from nausea, digestive issues and pain. It has antioxidants, anti inflammatory properties. Ginger can have a profound effect on high cholesterol and reduce the risk of heart diseases.

Lysine – it is an amino acid, can improve wound healing. Lysine is required for the formation of collagen, a protein that helps to give structure to skin and bones. It is a crucial component of proteins that play a role in helping body tissue grow and recover from damage. Lysine helping the body absorb calcium, iron, and zinc; helping produce enzymes, antibodies.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	1.772	0.076	0.093
Protein, g	0.287	0.48	0.52
Carbohydrates, g	0.156	***	***
Sugar, g	0		
Total Fat, g	0		
Vitamins/Minera	ls/Amino Acids		
Vitamin C, mg	20.00	50.00	50.00
Vitamin E, mg	3.00	30.00	30.00
Zinc, mg	4.25	35.42	42.50
L Lysine, mg	200	9.52	10.39
Other ingredients	s:		
Quercetin, mg	25	25.	00 %
Zingiber officinale			
rhizome extract, m	g 15	_	

*%RDA, **%RDA as per ICMR Guidelines for Men, Women doing sedentary work,



- Immune System Support
- Improves the general state of organism
- Has antiviral and anti-inflammatory effect



1 capsule 2 times a day with meal or as suggested by the Healthcare Professional.



6*10 capsules



Nutraceutical is not to be used as substitute for a varied diet. Please do not exceed the recommended daily usage.



PHYTOGELS

Effective support for

- Cardio vascular system
- Gastrointestinal track
- Intestinal infections and poisonings
- Joint injuries
- Increased irritability and sleep problems
- Urinary system

6 SIX UNIQUE GEL NUTRACEUTICALS

Phytogels are the innovative products of Artlife. They have an effective action on key systems of human body, first aid in different cases.

Advantages:

- $\hfill \blacksquare$ The action directed to correction of different states of the body
- Immediate effect
- Ready to intake, no need to dissolve

Gel form of product provides the maximum safety of biologically active substances.

Pectins, on which Phytogels are based, provide positive effect on the gastrointestinal mucosa.

Phytogels are useful for people with diabetes because it contains fructose as a sweetener.

GTRIGEL

IMPROVEMENT OF FUNCTIONAL STATE OF GASTROINTESTINAL TRACT

Gtrigel is intended for the immediate improvement of digestion processes' state under the conditions of chronic diseases of gastrointestinal tract organs.

IMPROVEMENT OF THE FUNCTIONAL STATE OF THE GASTROINTESTINAL TRACT

Unique plant composition:

Saint John's wort leaf (Hypericum perforatum leaf) contributes to the normalization of the intes tinal microflora, eliminates stool disorders, inhibits the multiplication of harmful bacteria.

Marsh mallow root (Althaea officinalis root) has anti inflammatory effect, a healing effect, a ther apeutic effect for stomach ulcers and pancreatitis, food toxic infections and poisonings.

Inula racemosa root contributes to increased bile formation and bile secretion, helps to remove toxins from the intestine, speeding up this process naturally.

Liquorice (Glycyrrhiza glabra root) regulates the secretion of gastric juice, prevents heartburn, helps prevent gastrointestinal diseases.

Garden mint leaf (Spearmint leaf) has an antispasmodic effect on smooth muscles, thereby re lieving pain syndrome.

Caraway (Carum carvi fruit) contribute to the reduction of fermentation processes in the intestine, increase peristalsis.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**	
Energy, kcal	23,6	1,017%	1,242%	
Protein, g	0			
Carbohydrates, g	5,9	***	***	
Sugar, g	0			
Total Fat, g	0			
Minerals				
Magnesium, mg	35	10,29	11,29	
Zinc, mg	4	33,33	40,00	



- Improves digestive processes.
- Eliminates spasm, a feeling of discomfort in the digestive tract.
- Speeds up the recovery process after infections.

RECOMMENDED USAGE:

1 teaspoon (5 g.) 2 times a day with meal. Not to exceed the stated recommended daily allowance.



250 g

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 10 gm in a day



ACTION

- Relieves the course of chronic joint diseases.
- Stimulates the restoration of cartilage.
- Improves the status after injuries.

RECOMMENDED USAGE:

1 teaspoon (5 g.) 2 times a day with meal. Not to exceed the stated recommended daily allowance.



250 g

FLEXYGEL

COMPREHENSIVE SUPPORT OF MUSCULOSKELETAL SYSTEM

Flexygel helps quickly restore the nutritious supply to the main tissues of joints, carti lages, which cover bone surfaces, and dense connective forming ligaments.

Unique plant composition:

Glucosamine sulfate and Chondroitin sulfate are structural elements of connective tissue, participate in its formation, prevents the processes of destruction of cartilage and stimulates its regeneration.

Boswellia extract (Boswellia serrata – gum resin extract) has the strongest anti inflammatory effect, helps to cope with the destruction of cartilage, activates recovery processes.

Saint John's wort leaf (Hypericum perforatum leaf), Liquorice (Glycyrrhiza glabra root) and Breckland thyme leaf extract (Thymus serpyllum extract) Effective with disorders of the mus culoskeletal system (rheumatism, arthritis and arthrosis).

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	18,3	0,789%	0,963%
Protein, g	0		
Carbohydrates, g	4,57	***	***
Sugar, g	0		
Total Fat, g	0		

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work, *** RDA Value not established, Serving 10 gm in a day

SEDRGEL NUTRACRUTICAL SET ON THE SECOND AND THE SEC

ACTION

- Improves sleep and sleep quality.
- Enhances the stress resistance.
- Reduces irritability and nervousness.

RECOMMENDED USAGE:

1 teaspoon (5 g.) 2 times a day with meal. Not to exceed the stated recommended daily allowance.



250 g

SEDAGEL

IMPROVEMENT OF PSYCHOEMOTIONAL STATE

Sedagel helps quickly normalize the functions of central nervous system and improve sleep quality due to mild soothing and sedative effect.

Unique plant composition:

Hops (Humulus lupulus), Valeriana root (Valeriana jatamansi rhizome), Saint John's wort leaf (Hypericum perforatum leaf) and Garden mint leaf (Spearmint leaf) normalizes the work of the cardiovascular, nervous, digestive and genitourinary systems, has a pronounced sedative effect, is effective in nervous disorders, stress, depression.

Chamomile flowers (Matricaria chamomilla) provide anti inflammatory, anesthetic, antispas modic, strengthen the regenerative processes in the body.

Garden mint leaf (Spearmint leaf) relieves emotional tension, helps with fatigue and stress.

Scutellaria bicalensis extract a natural stimulant and a tonic, has pronounced hypotensive and soothing properties.

Glycine reduces psychoemotional stress, increases mental performance.

Magnesium normalizes nervous system work.

Rutin increases the elasticity of the walls of blood vessels.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	20,1	0,866%	1,058%
Protein, g	0		
Carbohydrates, g	5	***	***
Sugar, g	0		
Total Fat, g	0		
Minerals			
Potassium, mg	26	0,69	0,81
Magnesium, mg	8	2,35	2,58

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work, *** RDA Value not established, Serving 10 gm in a day



ACTION

- Restores the normal intestinal microflora.
- Normalizes the status of the digestive tract.
- Improves the liver detoxification function.

SORBIOGEL

IMMEDIATE AND COMPREHENSIVE DETOXICATION

Sorbiogel is intended for the immediate binding, neutralization and removal of toxins of any origins from body.

Unique plant composition:

Common wheat bran (Triticum sativum seed bran) – Instantly neutralize toxic substances.

Apple Pectin – improves the condition of the gastrointestinal mucosa, facilitating its recovery after damage.

Milk thistle extract (Silybum marianum extract) – improves metabolic processes in the liver, promotes elimination of toxic substances.

Cassia tora restores liver function, normalizes appetite, and also has the property to improve visual acuity.

Corn anthers extract (Zea mays anthers extract) has choleretic, diuretic, haemostatic and antispasmodic properties.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	15,5	0,668%	0,816%
Protein, g	0		
Carbohydrates, g	3,88	***	***
Sugar, g	0		
Total Fat, g	0		



1 teaspoon (5 g.) 2 times a day with meal. Not to exceed the stated recommended daily allowance.



250 g

Nutraceutical is not to be used as substitute for a varied diet. Please do not exceed the recommended daily usage.

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 10 gm in a day

URGEL

IMPROVEMENT OF THE FUNCTIONAL STATE OF THE URINARY SYSTEM

Urgel is intended for the immediate help to the urinary system in case of destruction of its function.

Unique plant composition:

Indian madder root (Rubia cordifolia root), Inula racemose root, Angelica root (Angelica archangelica root), Liquorice (Glycyrrhiza glabra root), Urtica parviflora tender leaf eliminate pain and spasms, improve water salt balance, have anti inflammatory effect.

Cranberry extract (Vaccinium oxycoccos fruit extract) due to its antimicrobial properties cures chronic cystitis, dissolves salts, has a diuretic effect.

Zinc has a protective effect on the kidneys.

Potassium provides stabilization and conservation of natural water molar balance in the body.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	27	1,164%	1,421%
Protein, g	0		
Carbohydrates, g	5,17	***	***
Sugar, g	0		
Total Fat, g	0		
Vitamins/Minerals			
Vitamin E, mg	10,00	100,00	100,00
Potassium, mg	104	2,77	3,22
Zinc, mg	4	33,33	40,00



Supports natural water-salt balance in

Has a mild diuretic effect.

the body.

RECOMMENDED USAGE:

1 teaspoon (5 g.) 2 times a day with meal. Not to exceed the stated recommended daily allowance.



250 g

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work, *** RDA Value not established, Serving 10 gm in a day



Improves the work of heart.

- Strengthens blood vessels.
- Normalizes heart rate and blood pressure.
- Has a mild soothing effect.



1 teaspoon (5 g.) 2 times a day with meal. Not to exceed the stated recommended daily allowance.



250 g

CORDAGEL

COMPREHENSIVE SUPPORT OF HEART AND VESSELS

Cordagel is intended for the immediate and active support of heart and vessel's functions. The ingredients of "Cordagel" complex activate metabolic processes in heart mus cles, and in such a way improve its work and normalize the myocardial perfusion.

Unique plant composition:

Hops (Humulus lupulus), Valeriana root (Valeriana jatamansi rhizome), Saint John's wort leaf (Hypericum perforatum leaf) and Garden mint leaf (Spearmint leaf) normalize condition of cardio vascular, nervous, digestive and urinary systems, provide pro nounced sedation and well effective in case of nervous disorders, stress, depression.

Urtica parviflora tender leaf improves coagulability of blood and has anti inflammatory effect, participates in the process of hematopoiesis and promotes the formation of bone tissue.

Arjuna extract (Terminalia arjuna extract) promotes the prevention of cardiovascular disease, is effective in angina pectoris, congestive heart failure, to reduce high blood pressure and cholesterol.

Citrus bioflavonoids, quercetin, rutin, vitamin E, vitamin A contribute to the formation of antioxidant status of the body, maintaining the elasticity of the vascular wall, reducing its fragility and permeability.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	24	1,034%	1,263%
Protein, g	0		
Carbohydrates, g	5,9	***	***
Sugar, g	0		
Total Fat, g	0		
Vitamins/Minerals			
Vitamin E, mg	6,00	60,00	60,00
Vitamin A, mg	0,44	73,33	73,33
Potassium, mg	52,5	1,40	1,63

Nutraceutical is not to be used as substitute for a varied diet. Please do not exceed the recommended daily usage.

 $^{^{\}star}$ % RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 10 gm in a day



FUNCTIONAL NUTRITION

These are instant food products with ideal balanced formulations, fortified with vitamins, micro and macro elements and other ingredients of natural origin. Intended for daily power and health maintenance, they provide essential phytonutrients for body.

KISSELS

Kissel is a traditional thick and nutritious drink of Siberian people. Siberians were making this drink for the purpose of strengthening of the body, vitality and health care. Natural berries and fruits provide unique and rich taste of Kissel.



pour 2 teaspoons (10 g) of kissel into a glass (200 ml), add some cold boiled water, dissolve granules and add remained hot water (96 98°C) while mixing. Taste intensity and thickness depend on the amount of added water. It is advisable to use a dry spoon for serving kissel. Close the lid tightly after each use.



Mass 500 gm



RASPBERRIES - BLACK CURRANT

FRUCTOSE KISSEL, WITH VITAMINS AND CHIA SEEDS

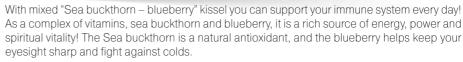
Mixed "Raspberry – blackcurrant" kissel is not only a tasty drink, but also a source of useful vitamins. Raspberry tones and helps prevent colds. The blackcurrant is a natural antibiotic, thanks to which you can maintain your immunity. The Chia seeds support the intestinal microflora, by activating the useful bacteria.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	32,7	1,409%	1,721%
Protein, g	0,074	0,12%	0,13%
Carbohydrates,	g 7,76	***	***
Sugar, g	0	***	***
Total Fat, g	0,09	0,36%	0,45%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00

1**	Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
	Vitamin B3, mg	5,40	33,75	45,00
	Vitamin A, mg	0,18	30,00	30,00
	Vitamin B6, mg	0,6	30,00	30,00
	Vitamin B2, mg	0,48	34,29	43,64
	Vitamin B1, mg	0,42	35,00	42,00
	Vitamin B9, mg	0,06	30,00	30,00
	Vitamin B12, m	g 0,0003	30,00	30,00

SEA BUCKTHORN — CHOKEBERRY-BLUEBERRY

KISSEL WITH CHIA SEEDS AND VITAMINS



Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	55,1	2,375%	2,900%
Protein, g	0,1	0,17%	0,18%
Carbohydrates,	g 13,3	***	***
Sugar, g	7,44	***	***
Total Fat, g	0,11	0,44%	0,55%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, m	ng 0,0003	30,00	30,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established



MIX FRUIT KISSE

PASSIONFRUIT, ORANGE

CRANBERRY - POMEGRANATE

FRUCTOSE KISSEL WITH VITAMINS AND CHIA SEEDS

Cranberry is a wild berry, that grows in Siberia. Ancients named cranberry "balls of life energy" because of its capacity to enhance physical and mental activities. Pomegranate contains useful substances for your health and helps you stay young.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women*
Energy, kcal	32,7	1,409%	1,721%
Protein, g	0,074	0,12%	0,13%
Carbohydrates,	g 7,76	***	***
Sugar, g	0	***	***
Total Fat, g	0,09	0,36%	0,45%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3.00	30,00	30.00

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, m	g 0,0003	30,00	30,00

PASSIONFRUIT-ORANGE-BANANA

FRUCTOSE KISSEL WITH CHIA SEEDS AND VITAMINS

Fructose is a natural sweetener, which provide kissel's sweetness with decreased calorific value. This natural product contains a balanced vitamin complex. Natural berries and fruits provide unique and rich taste of Kissel. Oranges are a very rich source of vitamins and antioxidants, which are increasing vitality. Banana is a rich source of useful fibers and microelements. Chia seeds give Kissel an additional nutritional value and a full fledged sense of satiety without any excess calories.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	33,7	1,453%	1,774%
Protein, g	0,07	0,12%	0,13%
Carbohydrates,	g 8	***	***
Sugar, g	0	***	***
Total Fat, g	0,09	0,36%	0,45%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Vitamin B3, m	ig 5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, m	ig 0,6	30,00	30,00
Vitamin B2, m	g 0,48	34,29	43,64
Vitamin B1, m	ig 0,42	35,00	42,00
Vitamin B9, m	g 0,06	30,00	30,00
Vitamin B12,	mg 0,0003	30,00	30,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established



GUAVA-STRAWBERRY

KISSEL WITH CHIA SEEDS AND VITAMINS

This natural product contains a balanced vitamin complex. Natural berries and fruits provide unique and rich taste of Kissel. Strawberry and guava contain vitamins and antioxidants, which are enhancing mood and caring beauty. Chia seeds give Kissel an additional nutritional value and a full fledged sense of satiety without any excess calories.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	55,1	2,375%	2,900%
Protein, g	0,1	0,17%	0,18%
Carbohydrates,	g 13,3	***	***
Sugar, g	7,44	***	***
Total Fat, g	0,11	0,44%	0,55%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, m	g 0,0003	30,00	30,00



KISSEL WITH CHIA SEEDS AND VITAMINS

Real Siberian flavor!

Berries of Taiga, like blueberries, raspberries and strawberries provide fantastic flavorful taste of kissels. These wild berries grow in the Taiga even at very low temperatures, so they are especially enriched with vitamins and antioxidants. Chia seeds give specialty to this product, they provide full fledged satiety feelings without any excess calories.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women*
Energy, kcal	54,1	2,332%	2,847%
Protein, g	0,1	0,17%	0,18%
Carbohydrates,	g 13,04	***	***
Sugar, g	7,2	***	***
Total Fat, g	0,11	0,44%	0,55%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	9 0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, n	ng 0,0003	30,00	30,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established



Art food

MANGO

KISSEL WITH CHIA SEEDS AND VITAMINS

It is reputed that mango is a natural antioxidant, because this fruit helps to eliminate tense anxiety, get rid of stress and be happy, Also mango is recognized as an aphrodisiac, works in both of men and women's body and affect them. Mango is a very rich source of vitamins and amino acids, which boost your mood and increase your vitality. Chia seeds give Kissel an additional nutritional value and a full fledged sense of satiety without any excess calories.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	55,2	2,379%	2,905%
Protein, g	0,08	0,13%	0,15%
Carbohydrates,	g 13,26	***	***
Sugar, g	7,44	***	***
Total Fat, g	0,1	0,40%	0,50%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin F. mg	3.00	30.00	30.00

V Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, m	g 0,0003	30,00	30,00
	· .		

APPLE AND KIWI

KISSEL WITH CHIA SEEDS AND VITAMINS

This product has general health improving effect and exerts a favorable influence over the cardiovascular and immune system. Kiwi contains vitamin C more than all of the known plants. Apples effectively decrease blood cholesterol, because they contain a lot of pectin substances.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	54,9	2,366%	2,889%
Protein, g	0,07	0,12%	0,13%
Carbohydrates,	g 13,3	***	***
Sugar, g	7,44	***	***
Total Fat, g	0,1	0,40%	0,50%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00

Nutrients	Qty./Serving	% RDA Men *	% RDA Women*
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, m	g 0,0003	30,00	30,00

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established



BEVERAGES

Functional drinks, manufactured by Artlife, provide necessary for body vitamins and microelements, they have a good, pleasant taste and are healthy.

PROVITEL PROTEIN POWDER

If you are working out every day or having a high level of other physical activities, the speed of metabolic processes in your body will increase. Provitel Cocktails are a convenient way of providing satisfying level of protein during the day.

- Nutritional support for trainings
- The basis of body weight loss system
- Convenient solution to the problem of poor nutrition due to lack of time
- · Full fledged meal in a matter of minutes
- Natural flavors
- · Easy digestion



PROTEIN POWDER - E SHAKE

NUTRACEUTICAL

Protein Powder – E Shake is worked out and made specially for the people, who want to increase the efficiency of sports trainings and improve the state of physical wellness. Protein is a particularly important component of human food, because plays a leading role in growth and restoration of muscles. Vitamins and minerals are providing high energy levels during the day. For the enhancement of sport training efficiency and improvement of physical fitness

- Helps to gain muscle mass
- Provides effective recovery after training
- Contains a complex of vitamins and minerals, which helps you to maintain high level of energy all day long.

It is advisable to take cocktail Provitel E Shake 30 minutes before or after the training

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	110,2	4,750%	5,800%
Protein, g	15,7	26,17%	28,55%
Carbohydrates, g	6,7	***	***
Sugar, g	0		
Total Fat, g	2,3	9,20%	11,50%
Vitamins/Minera	als		
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, mg	0,0003	30,00	30,00
Calcium, mg	234,00	39,00	39,00
Phosphorus, mg	180,00	30,00	30,00
Potassium, mg	100,00	2,67	3,10
Magnesium, mg	102,00	30,00	32,90
Iron, mg	6,3	37,06	30,00
Zinc, mg	3,6	30,00	36,00
Copper, mg	0,405	23,82	23,82

RECOMMENDED USAGE:

pour 30 g (3 tablespoons) into a glass, add some cold boiled water or milk, dis solve powder to a smooth consistency and add remained liquid (30 g per 160 200 ml of liquid) while mixing. In order to making an appetizing thick scum, it's better to use shaker, mixer or blender for making cocktail. It is advisable to use a dry spoon for serving the product. Dissolve immediately before use.





RECOMMENDED USAGE:

pour 30 g (3 tablespoons) into a glass, add some cold boiled water or milk, dis solve powder to a smooth consistency and add remained liquid (30 g per 160 200 ml of liquid) while mixing. In order to making an appetizing thick scum, it's better to use shaker, mixer or blender for making cocktail. It is advisable to use a dry spoon for serving the product. Dissolve immediately before use.

PROTEIN POWDER - S SHAKE

NUTRACEUTICAL

PROTEIN POWDER – S SHAKE is worked out especially for the people, who keeps a healthy lifestyle and controls body weight. Protein is a particularly important component of human food, because plays a leading role in growth and strengthening of muscles.

Garcinia Cambogia, Bromelain and Chia help to activate the processes, which are in charge of burning excess fat mass and controlling appetite.

Vitamins are providing high energy levels during the day.

You will feel the best cocktails effect, if you take it in combination with low calorie diets and active sports trainings. It's a good meal replacement cocktail.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	116,7	5,030%	6,142%
Protein, g	18,3	30,50%	33,27%
Carbohydrates, g	4,8	***	***
Sugar, g	0		
Total Fat, g	2,6	10,40%	13,00%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, mg	0,0003	30,00	30,00





RECOMMENDED USAGE:

pour 30 g (3 tablespoons) into a glass, add some cold boiled water or milk, dis solve powder to a smooth consistency and add remained liquid (30 g per 160 200 ml of liquid) while mixing. In order to making an appetizing thick scum, it's better to use shaker, mixer or blender for making cocktail. It is advisable to use a dry spoon for serving the product. Dissolve immediately before use.

PROTEIN POWDER - RECHARGE

NUTRACEUTICAL

Protein Powder Recharge is worked out for the people, who keeps a healthy lifestyle and wants to have a good physical shape. Protein is a particularly important component of human food, because plays a leading role in growth and strengthening of muscles.

- Inulin and fibers are necessary for good digestion and feeling of well being.
- Vitamins and microelements are supporting your great mood and vitality.

It is suitable both for the enhancement of sport training efficiency, and body weight loss plan. It's a good meal replacement cocktail.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	137,4	5,922%	7,232%
Protein, g	17,5	29,17%	31,82%
Carbohydrates, g	8,6	***	***
Sugar, g	0		
Total Fat, g	3,69	14,76%	18,45%
Vitamins/Minera	ls		
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, mg	0,0003	30,00	30,00
Calcium, mg	234,00	39,00	39,00
Phosphorus, mg	180,00	30,00	30,00
Potassium, mg	100,00	2,67	3,10
Magnesium, mg	102,00	30,00	32,90
Iron, mg	6,3	37,06	30,00
Zinc, mg	3,6	30,00	36,00
Copper, mg	0,405	23,82	23,82





RECOMMENDED USAGE:

pour 30 g (3 tablespoons) into a glass, add some cold boiled water or milk, dis solve powder to a smooth consistency and add remained liquid (30 g per 160 200 ml of liquid) while mixing. In order to making an appetizing thick scum, it's better to use shaker, mixer or blender for making cocktail. It is advisable to use a dry spoon for serving the product. Dissolve immediately before use.

PROTEIN POWDER - JUNIOR

NUTRACEUTICAL

Protein Powder Junior has pleasant chocolate taste and your children will surely like it. Protein is a particularly important component of human food, which is necessary for child body during the period of active growth, because helps the proper forming of bones and muscle growth. Vitamins are necessary for the development and strengthening of immune system. Inulin helps good digestion.

- Vitamins are necessary for the development and strengthening of immune system.
- Inulin aids good digestion.

Protein is a particularly important component of human food, which is necessary for child body during the period of active growth, because helps the proper forming of bones and muscle growth.

Recommended usage: 1 serving per day for children of 4 9 years, 1 2 servings per day for children of 10 years and older.

Nutrients	Qty./Serving	% RDA for Childrens			
		4 6 years	7 9 years	10 12 years Boy	10 12 years Girl
Energy, kcal	111,3	8,244%	6,586%	5,082%	5,537%
Protein, g	15,64	77,81%	53,02%	39,198%	38,713%
Carbohydrates, g	6,76	***	***	***	***
Sugar, g	0				
Total Fat, g	2,4	9,60%	8,00%	6,857%	6,857%
Vitamins/Minerals	S				
Vitamin C, mg	7,2	18,00	18,00	18,00	18,00
Vitamin E, mg	1,8	18,00	18,00	18,00	18,00
Vitamin B3, mg	3,24	29,45	24,92	24,92	21,60
Vitamin A, mg	0,11	27,50	18,33	18,33	18,33
Vitamin B6, mg	0,36	40,00	22,50	22,50	22,50
Vitamin B2, mg	0,29	36,25	29,00	24,17	22,31
Vitamin B1, mg	0,25	35,71	31,25	25,00	22,73
Vitamin B9, mg	0,036	36,00	30,00	25,71	25,71
Vitamin B12, mg	0,00018	18,00	18,00	18,00	18,00
Calcium, mg	234	39,00	39,00	29,25	29,25
Phosphorus, mg	180	30,00	30,00	22,50	22,50
Potassium, mg	100	6,45	***	***	***
Magnesium, mg	30	42,86	30,00	18,75	25,00
Iron, mg	4,8	36,92	30,00	17,78	22,86
Zinc, mg	2,4	34,29	30,00	26,67	26,67



Mass 280 gm

^{*} RDA % as per ICMR guidelines for children (aged 4 6 years, 7 9 years and for Boys/Girls aged 10 12 years),

^{***} RDA Value not established, Serving 30 gm in a day .

DRINKING CHOCOLATE POWDER VANILLA FLAVOUR VANILLA FLAVOUR Net Wild South State of the Colon of

RECOMMENDED USAGE:

Method No.1. Preparation of hot bev erage: pour 25 g (5 6 teaspoons) of the product into a glass, then pour hot water or milk (80 95°C), and mix it until completely dissolved.

Method No.2. Preparation of cold bev erage: pour 25 g (5 6 teaspoons) of the product into a glass or shaker, then pour cold water or milk, mix / shake up until completely dissolved.

DRINKING CHOCOLATE POWDER

NATURAL BEVERAGE

Hot Chocolate contains a unique complex of vitamins and L Carnitine, which are supple menting the usefulness of the hot chocolate, providing energy, maintaining the health and good mood. L Carnitine helps to increase endurance capacity and reduce fatigability of the organism. Helps to recover muscles after hard physical workout and protects muscle dam ages during the exercises. Vitamin C provides normal function of immune and hematopoietic systems. Vitamin E slows down aging process, supports immune health, has anticarcinogenic effects, and is necessary for the normal function of the heart muscles. B complex vitamins take part in the energy metabolism and increase workability. One cup of the hot chocolate in the morning provides energy boost all day long!

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	101,86	4,391%	5,361%
Protein, g	3,9	6,50%	7,09%
Carbohydrates, g	13,7	***	***
Sugar, g	0		
Total Fat, g	3,5	14,00%	17,50%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, mg	0,0003	30,00	30,00



^{***} RDA Value not established



RECOMMENDED USAGE:

pour 10 g (3 4 teaspoons) into a glass, add 180 200 ml of cold water while in tensively mixing. Stir thoroughly. Wait 5 minutes until complete dissolution of the components. Take it immediately af ter making. It's better to use a shaker for making this solution.





Mass 300 gm

NEOCOLLAGEN POWDER

NUTRACEUTICAL

Nutraceutical (Neocollagen powder) contains the elements, which help to maintain healthy musculoskeletal system and keep your skin beautiful and young.

Collagen – is a unique substance in terms of amino acid composition of proteins. Collagen is a building material for ligaments, tendons and joints of our body, provides strength and elasticity of tissues and organs.

This product has low calorific value and is suitable for the people who control their weight.

- Restoration and recovery after injuries
- Strengthening of ligaments and joints
- Increasing the resistance to high exercise stress
- Providing beauty and skin youth

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	26,2	1,129%	1,379%
Protein, g	4,5	7,50%	8,18%
Carbohydrates, g	1,8	***	***
Sugar, g	0		
Total Fat, g	0		
Vitamins/Minera	als		
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, mg	0,0003	30,00	30,00
Calcium, mg	75,00	12,50	12,50

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 10 gm in a day

Art dile GREEN POWDER

HB GREEN SLIM

DRINK WITH NATURAL HERBS

Original product, which is made on the basis of natural components for next purposes: to cleanse the body of toxins, improve digestion and also for the health maintenance. It has a low calorie content, but at the same time, it provides long time feeling satiation.

Natural useful elements:

- **Spirulina** is a special blue green algae which is a rich source of several vitamins, minerals, essential fatty acids and proteins. It maintains body's general health, speeds up the removal of toxins and helps to live longer.
- Oat bran is a source of insoluble dietary fibers, at the expense of which, they could remove all of unnecessary things from the intestinal walls and accordingly speed up digestive processes, and have a positive impact on the intestinal microflora.
- Bromelain is a plant enzyme that helps improves digestive processes.
- Green Tea has antioxidant and detoxification effects.
- · Garcinia Cambogia helps to control the appetite and speeds up metabolism.
- Curcuma has a good and positive effect on the digestive processes and metabolism.
- · Cardamom has antioxidant effect and maintains good mood.
- **Spinach** contains fibers and chlorophyll, and helps in case of constipation.
- Ginger helps to eliminate toxins and normalizes metabolic processes.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	51,6	2,224%	2,716%
Protein, g	0,4	0,67%	0,73%
Carbohydrates, g	12,1	***	***
Sugar, g	4,94	***	***
Total Fat, g	0,1	0,40%	0,50%

RECOMMENDED USAGE:

Dissolve 15 g of granules (3 teaspoons) in a glass of hot water (96 98 C). Taste intensity and density are depending on the quantity of added water.



Mass 300 gm

^{* %} RDA, ** % RDA as per ICMR guidelines for Men, Women doing sedentary work,

^{***} RDA Value not established, Serving 15 gm in a day



7 8 teaspoons (20 g) of Coffee energy to a cup of hot boiled water. Consume within one month from opening.

BEVERAGE POWDER enriched with ginseng extract and vitamins & minerals

INSTANT COFFEE

Beverage powder enriched with Ginseng extract and vitamins & minerals will bring cheerfulness and good emotions for the whole morning. Deep taste of classic coffee is complemented by delicate touch of milky caramel. Natural extracts of Ginseng and Green tea are good for health and make this drink unique. Vitamin complex helps to reduce tiredness and to restore vitality. Active ingredients provide high working efficiency and proper brain function during the whole day. Fructose is a natural fruit sugar obtained, does not contain saccharose.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	77	3,319%	4,053%
Protein, g	2,1	3,50%	3,82%
Carbohydrates, g	13,1	***	***
Sugar, g	0,00g		
Total Fat, g	1,8	7,20%	9,00%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, mg	0.0003	30,00	30,00





BEVERAGE POWDER enriched with ginkgo biloba extract and vitamins & minerals

INSTANT COFFEE

Beverage powder enriched with Ginkgo biloba extract and vitamins & minerals will not only improve your mood and give a charge of cheerfulness, but also increase your mental performance! Natural extracts of Gotu Kola and Ginkgo biloba are good for memory and make this drink unique. Vitamin complex helps to reduce tiredness and to restore vitality. Active ingredients provide high working efficiency and proper brain function during the whole day. Fructose is a natural fruit sugar obtained, does not contain saccharose.

Nutrients	Qty./Serving	% RDA Men *	% RDA Women**
Energy, kcal	77	3,319%	4,053%
Protein, g	2,1	3,50%	3,82%
Carbohydrates, g	13,1	***	***
Sugar, g	0		
Total Fat, g	1,8	7,20%	9,00%
Vitamins			
Vitamin C, mg	12,00	30,00	30,00
Vitamin E, mg	3,00	30,00	30,00
Vitamin B3, mg	5,40	33,75	45,00
Vitamin A, mg	0,18	30,00	30,00
Vitamin B6, mg	0,6	30,00	30,00
Vitamin B2, mg	0,48	34,29	43,64
Vitamin B1, mg	0,42	35,00	42,00
Vitamin B9, mg	0,06	30,00	30,00
Vitamin B12, mg	0,0003	30,00	30,00

RECOMMENDED USAGE:

7 8 teaspoons (20 g) of Coffee energy to a cup of hot boiled water. Consume within one month from opening.





COSMETICS

Cosmetic line ArtLife created on the basis of effective ingredients and modern technology. This product helps to preserve youth, beauty and health of the skin and hair. A therapeutic and preventive products act directly on the focus of pain and inflammation, helping to eliminate discomfort and live a full life.



DIRECTION OF USE:

Apply a liberal amount on wet hair & scalp, Massage gently till rich lather is formed. Rinse thoroughly. Repeat the application.

ONION ARGAN & KERATIN SHAMPOO

HEALTHY HAIR

- Provides Moisture to Hair, Adds Volume and Shine, thickens Your Hair.
- Provides Protein to Hair, Provides Natural Shine to Your Hair.
- Help Restore Lost Lustrous to Your Scalp.
- · Provide Anti Bacterial Properties to Scalp.
- Repair Damage Hair.

Artlife Shampoo has Intense Hair therapy for dry damaged hair and restore the silky & smoothness of the frizz hair. Been infuses with Keratin protein It helps to repair past damage hair and protect to future. The antioxidants in argan oil promote cell production & onion oil nourishes scalp and improves blood circulation to scalp resulting in healthy hair growth.

Benefits of Key Ingredients

Argan Oil – Vitamins in Argan Oil promote healthy skin and scalp, promotes hair growth, helps you to grow thick, healthy hair. It's rich in vitamins, minerals, and antioxidants. Helps keep your hair follicles free from damage and prevent splitting and breakage.

Keratin has fibrous structural proteins to keep our hair strong and make natural shine and silky. Keratin works at the core to make hair strong at cuticle level so that it stays silky, smooth and resilient.

Onion Oil – Onion are rich in substance that fight fungus & bacteria. High in sulphur content, onions help reduce breakage and thinning of hair. The antibacterial and antifungal properties help to prevent scalp infections and helps prevent hair loss and promote healthy skin cells of hair growth. Helps against premature greying, fights lice infestation, lends healthy shine, adds volume to the hair and work against dandruff.



DIRECTION OF USE:

wash your hair and use the liberal amount of conditioner. Spread it evenly on the ends of your hair. Rinse it out throughly.

ARGAN & KERATIN CONDITIONER

SMOOTH SHINY HAIR

- Keeps Hair Protected from Damage.
- Argan Oil Provides A Major Boost of Hydration to The Scalp.
- It Makes Your Hair Stronger and Richer.
- Make Hair Shiny & Soft.
- Prevents Hair Breakage and Split Ends.

The conditioner combines luxurious ingredients that help in giving you gorgeously smoother shiny hair. Infused with keratin protein and argan oil, our advanced keratin smooth system gently nourishes hair and controls frizz. This infused is ideal to those suffer from dry scalp or dandruff.

Benefits of Key Ingredients.

Keratin –.Keratin protein is a natural protein that makes up most of your hair. It tackles dryness and controls damage and improves quality of hair. It keeps our hair softer, smoother and less frizzy. Help improve hair strength and leave the cuticle layer smooth for improved manageability and shine.

Argan Oil is known to tame fizziness. It makes your hair more manageable and adds a beautiful and attractive shine. Antioxidants in argan oil promote cell production. Vitamins in argan oil promote healthy skin and scalp.

Coconut Oil have several benefits for hair and scalp,help moisturize and seal hair, preventing dry, flaky scalp and dandruff, as well as split ends and hair breakage.



HONEY & ALMOND OIL BODY WASH

NOURISH AND ANTI-AGE EFFECTS

- · Moisturize your skin.
- · Reduce Tanning from skin.
- · Anti Ageing Benefits.

Experience the bath of pleasure with intense moisturization of honey delicately blended with nourishing almond. Enriched with organic almond milk Leaves skin feeling soft, clean and cared.

Benefits of Key Ingredients.

Honey – richness of potent enzymes in honey keep our skin moisturize and hydrates naturally. Its antibacterial and antiseptic abilities benefit moist and acne prone skin. Honey makes the skin look soft, glowing and radiant.

Almond Oil – it has emollient properties to treat dry skin conditions, improve both complexion and skin tone including eczema and psoriasis. Almond oil gets soaked in our skin quickly, which makes it a powerful and effective moisturizer. Almond oil contains all sorts of natural goodness that includes vitamin E, vitamin A, essential fatty acids, proteins, potassium, and zinc. It's positively packed with the vitamins and nutrients, making it perfect to include in daily skincare regime Olive Oil acts as an antioxidant, which is a substance that prevents oxidation. Reduce aging skin and wrinkles, fade scars by helping skin cells to regenerate. It also treat hyperpigmentation.

DIRECTION OF USE:

pour enough amount in hand or loofah and apply over wet body till adequate lather is formed and then rinse off with enough amount of water.



ightharpoonup direction of USE:

Squeeze out a small amount of art life vitamin facewsh on your palm. Apply and gently massage the lather all over face in circular motion. Rinse well and pat dry. Use it twice daily for clean, soft and glowing skin.

VITAMIN C FACE WASH

FOR FACE SKIN PROTECTION

- · Visible Rejuvenating Effect.
- · Brightens Skin Ton.
- · Helps in reducing inflammation.
- Reduces Acne.

Artlife Vitamin C face wash give natural Brightens skin tone and Rejuvenating skin. It improves elastic and prevent from environmental pollutions and diminishes scars, leaving our skin naturally fresh and clear.

Benefits of Key Ingredients.

Vitamin C has natural collagen production, which has the potential to thicken the dermis, diminish fine lines, and is essential for firm youthful skin. Vitamin C is an antioxidant, which protects our skin cells from damaging free radicals caused by UV exposure. Vitamin C has the properties of skin whitening and brightening fight skin pigmentation and speed up the healing process.

Aloe Vera – It is rich in nutrients, helps soothe sunburn, moisturize the skin, fights skin aging, reduces infection & acne as it has antimicrobial properties and is anti inflammatory, lightens blemishes on the face and boost skin cell reproduction.

Olive Oil acts as an antioxidant, which is a substance that prevents oxidation, reduce aging skin and wrinkles, fade scars by helping skin cells to regenerate. It also treat hyperpigmentation & treat stretch marks



HONEY & SHEA BUTTER BODY LOTION

FOR BODY SKIN PROTECTION

- · Full of Antioxidant Properties, Makes the Skin Firm and Plump.
- Highly Moisturizing.
- · Relieves Sun Burn, Fades Dark Marks & Scars.
- Removes Dirt from your pores to give you a refreshed and smooth appearance.

The aromatic magic fragrance. The unique blend of honey and shea butter provides quick & long lasting nourishment effect. Help to calm your skin, soothes skin irritation & keep soft and tender skin.

Benefits of Key Ingredients.

Honey– richness of potent enzymes in honey keep our skin moisturize and hydrates naturally. Its antibacterial and antiseptic abilities benefit moist and acne prone skin. Honey makes the skin look soft, glowing and radiant.

Shea Butter – high concentrations of fatty acids and vitamins make shea butter an ideal cosmetic ingredient for softening skin. Shea butter also has anti inflammatory and healing properties. Using shea butter on your body, can give tone and soothe your skin. Shea butter is a 100% natural moisturizer. Shea are perfect for making collagen production and UV protection to the skin.

Vitamin E is a powerful antioxidant that may be effective at reducing UV damage in skin. Vitamin E help nourish and protect your skin from damage caused by free radicals. It also softens and moisturize the skin and decrease itching and flaking, prevent dry, rough, scaly & skin irritation.

DIRECTION OF USE:

apply evelny on cleansed body until completely absorbed, for better results use twice a day.



DIRECTION OF USE:

Evenly Apply the Day Cream on cleansed Face & Neck, Gently message until Absorbed

ROSE DAY CREAM

FOR ALL SKIN TYPE

- It Moisturizes the skin.
- · Preventing or Minimizing the appearance of scars.
- May help the skin look more youthful and less wrinkled.
- Rose has a variety of vitamins, antioxidants, and minerals and its oil are fantastic for tackling dry skin, help reduce the appearance of redness on the skin.
- ${}\cdot{}$ Prevents premature aging, gives your skin a glow and even skin tone, controls and removes acne.

This luxurious day cream with Rose extracts soothes, freshens & Renew our skin tone. This product has vitamins ACE, minerals & antioxidants which prevent our skin from premature aging, and keep our skin moisturizes soft and hydrated.

Benefits of Key Ingredients.

Rose Extracts – Rose has a variety of vitamins, antioxidants, and minerals and its oil are fantastic for tackling dry skin. Rose extracts helps in reducing scar, wrinkle eraser, redness soother, oil reducer and calm the skin. They are especially wonderful for people with oily and acne prone skin types. work to moisturize, brighten and protect skin from trans epidermal water loss and airborne pollutants. It alsokeeps the skin hydrates &help to lift dirt and oil from the skin to help it maintain its natural pH balance.

Almond Oil reduces puffiness and under eye circles. Improves complexion Treats dry skinacne. Helps reverse sun damage. Reduces the appearance of scars.

Vitamin A helps to speed up healing, prevent breakouts and support the skin's immune system and it promotes natural moisturising.

Vitamin E is a nutrient our body needs to support immune system and help our cells to regenerate. It also has antioxidant and anti-inflammatory properties that make getting enough essential to our everyday health.

Vitamin C aids in the whitening process by priming the skin cells and making them more susceptible to the effects of Glutathione.Vitamin C itself may possess some whitening and brightening properties.Because of its antioxidant properties, vitamin C aids in your skin's natural regeneration process, which helps your body repair damaged skin cells.



ALMOND OIL BHRINGRAJ WALNUT NOURISHING HAIR OIL

FOR NOURISHING HAIR

- Effective against dandruff, premature graying & damage caused due to pollution.
- Regular scalp massage with this hair oil promotes hair growth & stimulates hair follicles to grow new hair.
- Soothing and tranquilizing properties, revitalizes damaged hair.
- It is enriched with vitamins E and A, which are good for hair health.

Nourish with soft and silky hair, tackles baldness and promotes hair growth. Control Hair fall.

Benefits of Key Ingredients.

Bhringraj – Calcium, iron, Vitamin D, Vitamin E and magnesium are the vital nutrients present in the Bhringraj oil. t is known to have various therapeutic benefits and it is an excellent anti aging herb. This oil benefit aids in sleeping, it has anti inflammatory properties, improves eye sight, useful to treat dandruff and prevent early greying of hair. Bhringraj Oil also helps us Relief from Migraine & Headache, improves our memory power and reduces aggressiveness.

Walnut Oil— it gives us better hair scalp, regenerate cells and accelerate hair growth. Prevent hair loss and combats dandruff. Relieves itching and peeling of scalp. It strengthens the roots and the oil can protect the hair against excessive hair fall. Walnut oil is also believed to be rich in omega 3 fatty acids which can prevent scalp damage and infections.

Sesame Oil – is anti fungal& anti bacteria. It nourishes damage hair and fights dandruff. It's also protected from the sun damages. Effective lice treatment, soothes scalp, retains naturally hair colour, prevent hair fall and enhances hair growth.

Almond Oil – Known as «King of Nuts»almond oil can make hair stronger and less prone to split ends.Almond oil contains high amounts of vitamin E, which is a natural antioxidant. It also nourishes hair follicles and grow at bald scalp. Boosts blood circulation to scalp resulting in healthy hair growth.

DIRECTION OF USE:

Apply to clean dry hair. Dash several drops into palm. Rub hands together then work through hair from roots to ends or massage oil gently into scalp.



__ ACTION

- Reduces and remove the inflammation process.
- Decreases soreness in the affected and injured joints.
- Reduces swelling and edema of joints.
- Activates blood circulation in joints.
- Improves the mobility and functions of the affected and injured joints.

RECOMMENDED USAGE:

apply cream to preliminarily cleaned skin surface and evenly distribute it with light massaging movements 3 4 times per day. Cream wholly absorbs within 1 2 minutes and has its effect for 4 6 hours. The course of application should be 1 2 weeks or till relief. Repeat the course if necessary.

NATURASEPT JOINT FLEX GEL

JOINT MOBILITY AND EASE OF MOVEMENT

Naturasept Joint Flex Gel is an effective preparation, it removes inflammation, that caused by joint diseases and injuries, and improves the mobility.

It contains components, which have been used from the ancient times in the traditional Indian medicine (Ayurveda) in case of joint diseases.

The active substances of these plants relieve pain syndromes, inhibit the action of aggressive agents, that destroy the joint tissues, stimulate the protective mechanisms in the joints and prevent the transition from acute to chronic inflammation.

Gaultheria oil and red pepper extract have a warming effect, provide anti inflammatory effect and reduce joints and muscles swelling.

Boswellia resin oil improves blood circulation in vessels, stimulates regeneration process and relives and treats pain syndrome.

Camphor tree oil has antiseptic, anti inflammatory, antimicrobial and restoring effects.

Eucalyptus oil helps to heal micro trauma and has anti inflammatory effect.

Peppermint oil provides light cooling effect.

Indian pine oil has an anti rheumatic effect. It also has a relaxing effect.

Cinnamon oil has a healing effect, it can reduce pain syndrome in the vessels and muscles.

Nutmeg essential oil has a warming and anti edematous effect.

This product is actively used in case of myositis, pain in muscles and joints, arthritis, osteochondrosis, and also neurological diseases.



N-ZIM HERBAL

THERAPEUTIC TOOTHPASTE

Herbal toothpaste is made according to an ancient Ayurvedic prescription and contains extracts of 21 medical herbs and plants for effective care of teeth and gums.

It provides prophylaxis of bleeding gums and inflammation of oral cavity. It has a comprehensive antibacterial, anti-inflammatory, health improving and tonic effects on the gums. It also has a pleasant taste and refreshes the breath for a long time.

Ingridients: Glycerin, Colloidal Silicon Dioxide, Sodium Lauryl Sulphate, Sodium Carboxymethyl Cellulose, Elettaria cardamomum, Foeniculum vulgare mill, Alpinia galangal, Syzygium aromaticum, Saraca asoca, Mimusops elengi, Azadirachta indica, Zanthoxylum alatum, Cinnamon zeylanica, Tinospora cordifolia, Embelia ribes, Mentha spicata (satpodina), Sodium Methyl Paraben, Imidazolidinyl Urea, Sodium Propyl Paraben, Mentha spicata (spearmint), Cinnamomum camphora, Carum copticum, Gaultheria fragrantiss, FD&C Blue №1, FG&C Yellow №5, Coriandrum sativum, Zingiber officinale, Eucalyptus globules, Citrus limonum, Celastrus paniculatus.

ACTION

- Fights germs and Bacteria
- Strengthens Gums
- Whitens Teeth

RECOMMENDED USAGE:

It is recommended to brush your teeth at least two times a day to keep your teeth healthy. Additional usage of mouth wash will ensure the best result.

INDEX

Biocomplexes page	Functional Nutrition page
AD Balance 23 Artemisin M 30 Aterolex 22 Burdok C 46 Calci M 54 Cetra complex 36 Gcalm Maxi 32 Discovery Uni 17 Enzyme complex Plus 20 Ferrodok 24 Glazorol Intensive 38	Kissels Apple Kiwi
Glucosil Norma	Beverages
Green Star 18 Hepar Formula 31 JFlex Forte 55 M formula 49 Mrise 43 Mladomaston 51 Miltimegin 15 Nstabil 42 Novomegin 16 Oleopren Gepa 12 Oleopren Nero 13 Optimal K2 + D3 56 Panbiolact 29 Persiphen 35	Protein powder E shake
Pulmoclinz	Cosmeticspage
Super Shield Active 34 TBalance 47 Toxfighter Active 19 Triovital 57 Venatol 25 Womens formula 52	Onion Argan & Keratin Shampoo 81 Argan & Keratin Conditioner 82 Honey & Almond Oil Body Wash 83 Vitamin C Face Wash
Gels	Rose Day Cream86 Almond Oil Bhringraj
Cordagel 64 Flexygel 60 Gtrigel 59 Sedagel 61 Sorbiogel 62 Urgel 63	Walnut Nourishing Hair Oil

ARTLIFE WELLNESS PRODUCTS PVT. LTD

WEBSITE:-WWW.ARTLIFEINDIA.COM

F-388, SECTOR-63, GAUTAM BUDH NAGAR, NOIDA-201301, CONTACT NO: 0120-4501112/13 EMAIL:-HELP@INDIAARTLIFE.COM HEALTH
BEAUTY
PROSPERITY