

Art Life



PLANT PROTEIN



High quality

Powerful formula

Daily protection

- ▶ Boosts Immunity & Builds Muscle Strength.
- ▶ Plant protein extracted from 100% vegan sources (Pea protein Isolate, Brown Rice Protein Isolate & Soy Protein Isolate).
- ▶ Post workout recovery.
- ▶ Contains all essential amino acids profile.
- ▶ High Fibre from Oats which aids digestion and also helps manage weight.

Avena Sativa & Oryza Sativa are processed with enzymes to produce easily digestible protein in the form of small molecules - Avena sativa and Oryza Sativa.

Bioactive peptides are small fragments of protein nature. Bioactive peptides are released during enzymatic hydrolysis or microbial fermentation of foods.

Easily digestible and have greater bioavailability and biological activity.

Benefits of Avena sativa and Oryza Sativa

Avena Sativa is rich in many bone-strengthening minerals, the most important of which is calcium.

Avena sativa is a rich source of

- ✓ Protein, the building blocks of cells, necessary for cell growth and protection, building tissues and muscles, and reducing muscle loss.
- ✓ Minerals, for building strong bones and teeth and turning the food you eat into energy.
- ✓ Essential fats, for controlling blood pressure and cholesterol, healthy cell function, giving your body energy, regulating your temperature, and protecting your organs.
- ✓ Beta-glucan, a type of heart-healthy fiber.
- ✓ Polysaccharides (complex carbohydrates), for cardiovascular and immune health, mood and blood sugar regulation.
- ✓ Dietary fiber, for blood pressure regulation and digestive health.
- ✓ Antioxidants, to protect against free-radicals, which damage tissue cells in your body, contributing to cardiovascular and inflammatory health conditions.
- ✓ Flavonoids, saponins, and sterols, to regulate lipid (fat) density in your body.

Oryza Sativa – The good levels of fibre, protein, iron, and vitamin B it can play a vital role against malnutrition.

NOT FOR MEDICINAL USE

These products are not intended to diagnose, treat, or cure any disease.
Please do not exceed the recommended daily usage.

